



Students Eat Added Charges

Students Ask Eagles Nest: What the Flex?

By **TYNER PLUMB**
Staff Writer

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Flex is fading fast this time of year, forcing students to rely on EagleOne dollars or their own pockets for cash.

One reason for the sudden lack of flex across campus is some students not participating in meal combos during this semester. Assistant Director of the Eagles Nest Kennedy Lawson said. This past Monday, Lawson rang up five students within two hours of lunchtime that ran out of flex.

"Students will come through the lines with chicken, soda, chips and then add in fries," Lawson said. "It goes over the meal deal, and many students have to take out of their flex."

One combo for lunch includes a piece of pizza, piece of fruit and a fountain drink. Normally all three items would add up to \$3.80. The meal equivalency is \$3.75—a savings of five cents.

Even though called a "meal combo," all three items add up to under 500 calories—a mere fourth of the average 2,000 daily calorie value.

Hungry students often exceed the meal equivalency rate at the Eagles Nest, and are now approaching zero dollars on their flex accounts. Kowalchuk, who started the semester with \$100 in flex on the 15 meal plan, recently used \$1.64 in flex for a dinner that included a fruit cup, a sandwich and a drink.

"I should be able to eat this much at the Nest and have it count as a dinner," Kowalchuk said. Other students feel their remaining flex is going unused.

Senior Deanna Lavery lives in the UMW Apartments and her meal plan includes \$5 meals a semester, along with \$175 in flex money.

"I have a kitchen, so I don't really need all these meals and flex money," Lavery said. "They should be giving my flex to the students that really need it."

Freshmen are required to either have the 15 meal plan or the Super Meal Plan, which means unlimited meals at Seacobeck and any meals from the Eagles Nest are taken out of \$50 in flex. This semester, there are twice as many students on the Super Meal Plan as last spring. With only \$50 in flex allowance, these students quickly deplete their flex with meals coming from the Nest.

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Peter Kelley/Bulletin

Senior Becca Sager looks to see how many meals she has left as a Seacobeck Dining Hall cashier swipes her card.

gets out of class after seven," said Rosemary Van Brunt, cashier at the Eagles Nest. "Since Seacobeck is closed, he unfortunately has to use flex for every dinner at the Nest."

University students cannot switch meal plans after the semester begins, partially because of problems it would cause in transferring their flex to another plan, said Rick Hurley, executive vice president and chief financial officer at the university.

Other schools, such as Lynchburg College, will accommodate students that are unhappy with their meal plan as far as halfway into the semester. Under Lynchburg's current meal plan, there is no flex but instead students can transfer meals from the dining to retail halls during the week. Also, if students do not use half their meals by mid-semester, parents are notified and

have the option to switch their kid's meal plan.

Another factor in sharp decreases in flex this semester is an increase in retail prices at the Nest. Many product prices were raised from last year, such as Sobe now costing \$2.35 instead of \$2.25.

The Nest buys its items from Sodexo, the university's food provider.

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▶ See FLEX, page 2

Seacobeck Raises Five-Meal Plan Rate

By **ZACH BOWMAN**
Staff Writer

The cost of meal plans at the University of Mary Washington is going up by 1.5 percent next year, just as it has for the past three years.

UMW increased the cost of the five meal plan options available to students in order to repay the \$5 million debt taken on by the university to renovate the aging Seacobeck Dining Hall.

Executive Vice President and Chief Financial Officer Richard Hurley said the goal was not to hit students all at once with the increases.

"Anticipating [the debt], we've increased your meal plan fee a little bit each year for the last three years so it didn't hit all at once," Hurley said. "We've tried to keep the increases reasonable, \$100 to \$150 a year."

According to an e-mail from Hurley, the final adjustment to meal plan prices will come next year, ending in a six percent increase over four years ago. In order to pay off the \$5 million borrowed by the school, rates will have to stay at the elevated level for a projected 20 years.

Students have mixed feelings about the cost increases to their meal plans. Some students, like senior Jamie Greenwood, see the extra costs as a necessary evil.

"I suppose it goes up at every college every year, it's just like tuition," Greenwood said.

Sophomore Dan Smith agrees. "I think [the increases] are a good idea if it's going to the renovation of Seacobeck and not just to the profit margin," Smith said.

Others are pleased with the renovations and think they are a welcome change from previous years, but miss some of the variety of the Seacobeck of yesteryear.

"Since I was a freshman, I believe the overall quality of the facilities at Seacobeck has improved," senior Alex McGeorge said. "However, I do wish there was more variety, like when we had the spicy chili cheese fries. If my toilet could have felt an emotion during those days it would have been fear."

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▶ See SEACO, page 2

Combined Commencements

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Students of the College of Graduate and Professional Studies and undergraduate students at the Mary Washington College campus have graduated previously in two separate commencement ceremonies, but in May 2005 they will graduate together as students of the University of Mary Washington.

According to Ranny Corbin, executive assistant to President Anderson, Anderson made the decision to have graduate students from the graduate campus, formerly known as the James Monroe Center, and undergraduate students from the MWC campus graduate in one ceremony.

"There are many reasons for celebrating the graduation of all students with one ceremony," Corbin said. "Most importantly, the occasion will be symbolic of the union of the two campuses as one university."

According to Meta Braymer, vice president of Graduate and Professional Studies and dean of the faculty at the graduate

campus, students from the graduate campus participated in commencement exercises at the MWC campus with MWC students in 2001 and 2002.

In 2003, a separate ceremony was held outside for graduate students at the graduate campus. In 2004, graduate students received their diplomas in Dodd Auditorium at MWC in another ceremony separate from MWC campus students.

"This year, it seems important to celebrate our new status as a university by having one ceremony with all our graduates," Braymer said.

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▶ See GRADS, page 2



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Low: 45



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SATURDAY
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Low: 23



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Low: 31



MONDAY
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Viewpoints

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Editorial One Spot, Folks

A long time ago, Fredericksburg city workers spent a long time painting lines on College Avenue.

That's right. They were painting parallel parking spots.

They're pretty big parking spots, too. Even if you're not adept at parallel parking, you should be able to fit your car into one.

So why do some students choose to ignore these lines of demarcation? Why do some students choose to deposit their vehicles in the middle of two parking spaces? What's the deal?

It takes minimal effort to pull your car up a few feet and navigate it into a cozy little space of its own.

When it is in between two parking spaces, trouble arises for the rest of us. It creates tiny parking spaces in front of and behind your car.

It doesn't matter how dexterous you are at parallel parking, or how nimble-wheeled your car is, or how massive its turning radius is.

It's simply impossible to maneuver a car into a space that is too small.

It's not like trying to squeeze a size-8 foot into a size-7 shoe. Feet are slightly more flexible than cars are.

Have some respect for your fellow students. One spot, folks.

Election Reaction Student Asks Why

By CONNOR HANNIGAN
Guest Columnist

Leading up to this election I have been searching for a good reason to vote Republican. I earnestly could not find one and after talking with conservative friends.

I am feeling that if you voted for Bush you:

A. Have fundamental Christian beliefs that you wish to impose on other people.

B. Have not been following the wars in Iraq or Afghanistan closely and don't understand the disasters there.

C. Do not care about economics or about screwing over poor people.

D. Do not think that the entire world hating us undermines the war on terror.

E. Want someone whose convictions have proven to continually divide us.

F. Think "W" has a nice personality.

Connor Hannigan is a senior.



WHAT KERRY SUPPORTERS CAN DO IN THE WAKE OF THE ELECTION...

Cartoon by Matt Czapiewski

Hooray For Pres. George W. Bush

BY NELL BARNES
Guest Columnist

I am ecstatic over George W. Bush's victory over Senator John Kerry.

The votes of our nation are indicative that our nation needs a man of strong virtues who is willing to do what is right, no matter what the popular opinion.

I was extremely pleased to see that the American people made up their own minds on who to vote for and refused to blindly follow the influences of liberal Hollywood and the entertainment



Courtesy: nelson.com.net

industry.

I stand behind President Bush 100 percent of the way.

We could not possibly have chosen a better man for office.

Nell Barnes is senior.

Supporters Of Kerry Have Moral Values Too

By JANNA LEVIN
Staff Writer

According to national exit polls taken during the 2004 general election, 22 percent of voters cited "moral values" as the single most important issue influencing their vote. This is a bigger percentage than those concerned about the economy (20 percent), taxes (five percent), or even terrorism (19 percent) or the war in Iraq (15 percent).

Eighty percent of these "moral values" voters cast their votes for Bush. These numbers seem to suggest that Republicans had a monopoly on morality, and the conservative positions were the only ethical choices. This is misleading and ultimately just plain wrong. Who defines these moral values, anyway? What do they consist of?

Three hot-button issues took center stage during this year's very divisive campaign season. They came up again and again, and they seemed to have the unique power to polarize the American electorate. I am speaking of abortion, gay marriage, and stem cell research.

George W. Bush opposed each of these three issues, along with the majority of voters who called themselves "white Evangelical Christians." In 11 states, "moral values" voters defined marriage exclusively between a man and a woman.

The president's record is even worse: Bush supported the Defense of Marriage Act earlier this year, an attempt to write anti-gay

discrimination into the Constitution, and he opposes a woman's right to choose.

He also refuses to fund research on any new lines of stem cells, despite scientific evidence that this research could lead to a cure for Alzheimer's and other degenerative diseases. Even moderates within the Republican Party feel stem cell research is beneficial, yet anyone who questions the Bush administration is acting contrary to America's "moral values."

Since when is morality limited to one viewpoint? I may disagree wholeheartedly with the Bush administration's views, but I respect their right and the right of Republican voters to act in accordance with their collective conscience.

I am a Democrat who votes based on moral values.

My moral values consist of dignity and equal rights for people of sexual minorities, and the protection of a woman's right to make her own reproductive choices.

My moral values support using every scientific discovery to advance new cures, treatments and vaccines.

My moral values also require that the Constitution be upheld, and that religious views not be used to make political and governmental decisions.

We live in a nation where all citizens have a right to their own opinions.

Let us not forget those who are silenced or made to feel less-than-equal in our ever-evolving search for morality.

By MICHELLE TROMBETTA
Guest Columnist

Over the past few years, I have become very disturbed at the acceptance and use of the conservative right's definition of the phrase "moral issues."

The 2004 election truly demonstrated how narrow the definition of "moral issues" is as our polls and our press propagated the phrase to include only the topics of abortion and same-sex marriage.

I am hoping that we as a nation can redefine the narrow interpretation of "moral issues" to encompass what many see as other moral issues facing our society.

I am a Republican who this year decided to vote for John Kerry. My reason, moral issues.

We have a moral obligation to deliver the best education possible to the children of our nation. It is criminal to send thousands of our troops to Iraq for disputed reasons, without the full support of our allies and with no real plan to get them home.

It is wrong to force a woman to bear a child that she cannot raise or is a product of rape or incest.

Our constitution is a document best used by granting rights, and it is morally wrong to use it as a means to bar millions of people from marrying.

It is absolutely immoral to leave our future generations with the kind of national debt they will inherit as President Bush continues to raise the debt limits, and to give them a world where the beauty of our land is secondary to the resources it can produce.

On Nov. 2, I walked away from my Republican roots because their values don't align with my definition of moral issues.

In future elections, I sincerely hope the press, the pollsters and the parties can see that every facet of our society defines their moral values differently and talk about the issues clearly without lumping them together in an inaccurate phrase.

Michelle Trombetta graduated in 1997.

I am a Republican who this year decided to vote for John Kerry. My reason: moral issues.

“ ”

Letter and Editorial Policy

The Bulletin is always eager to receive letters to the editor and guest columns, and every effort is made to print them.

Letters should be submitted the Monday before publication. Letters should be no longer than 300 words, and columns should not exceed 700 words.

We will not publish anonymous submissions. Letters must include a phone number and address for purposes of verification. They can be mailed to The Bulletin at 1701 College Avenue, Fredericksburg, VA, 22401-4666, delivered to our office in Seabrook Hall or sent to our email address at bulletin@umw.edu.

Opinions expressed in columns or letters to the editor do not necessarily reflect the views of the staff. Contact The Bulletin at 540-654-1133.

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The Bulletin is published on Thursday afternoons during the fall and spring semesters. All decisions are made by the editorial board, independent of The Bulletin adviser.



Police Beat

By STEPHANIE TAIT
News Editor



Nov. 1—An 18-year-old male resident of Jefferson Hall reported to police that, between Oct. 30 and Nov. 1, his red and black bicycle, valued at \$50, was stolen from in front of Virginia Hall. According to police, the student left his bicycle unlocked and parked by the fountain. The case is under investigation.

Nov. 2—Between 12:30 p.m. and 1:45 p.m., a Hard Rock Specialized red mountain bike, valued at \$700, was stolen from outside duPont Hall. The case is under investigation.

Nov. 3—At 9:17 a.m., residence life staff reported that a fire extinguisher was discharged on the second floor of Bushnell Hall. According to police, this was the third time a fire extinguisher had been discharged in that area in 48 hours.

Nov. 5—At 11:45 p.m., Officer Joseph Gagliardi observed a male talking on his cell phone. According to police, the male was swaying while standing still. Gagliardi identified that the 19-year-old male resident of Randolph Hall was not intoxicated but had been drinking. The student was referred to administration.

Nov. 6—A 19-year-old female resident of Virginia Hall reported to police that between 3 p.m. on Nov. 4 and 6 p.m. on Nov. 5 someone had vandalized her 1999 Honda Civic while the vehicle was parked in Lot 11. According to police, the tailgate of the vehicle was dented, the license plate and frame were damaged in an attempt to remove them and someone had attempted to remove a "Bush" sticker from the back of the vehicle. Damages are estimated at \$785. There are no suspects or witnesses and the case is under investigation.

Nov. 7—Between Nov. 5 and Nov. 7, two Lot 22 signs and two arrow signs, valued at \$400, were stolen from the parking lot near Brent House. There are no suspects or witnesses and the case is under investigation.

Nov. 8—At 4:36 p.m., Sgt. Timothy Connolly, while in the area around the UMW Apartments, observed a male quickly conceal what appeared to be a rolled cigarette. When Connolly confronted the male, he produced what he admitted to be a rolled marijuana cigarette. The 18-year-old resident of Russell Hall, was referred to the administration for possession of marijuana.



Peter Kelley/Bulletin

Junior Megan Cudahy, SGA vice president, speaks at this week's meeting.

SGA Reconstitutes

By LESLEY JOHNSON
Scene Editor

Last year, Kristin Orstead acted as both Student Government Association president and vice president from April until October 2003. The SGA constitution failed to provide a clear line of succession to fill vacancies.

When former student and SGA President Rebecca Turnbull resigned due to embezzlement charges, Orstead was left holding two positions.

"It was difficult because I had to temporarily take over the duties of the SGA president, but there was no one to take my place as SGA vice president," Orstead said.

According to the SGA Constitution, the president's duties include: presiding over Executive Cabinet meetings, acting as a liaison between the President of the University and Board of Visitors, and responsible for the daily activities and smooth operation of all SGA activities.

Honor Council, Legislative Action Committee, Academic Affairs Council, Associate of Residence Halls, Commuting Student Association, Executive Coordinator, Treasurer, Secretary, Press Secretary, Interclub Association and Technology Coordinator are all organizations/members of Executive Cabinet and SGA.

The SGA vice president acts as the President of Senate and runs all Senate and Senate Board meetings. He or she also acts as a liaison between Senate, Executive Cabinet and the administration. When Turnbull resigned, Orstead was left with all of these responsibilities.

"Holding two positions was very stressful because I had to focus on how to lead two organizations within SGA, and still keep up with my coursework and other activities," Orstead said.

This was just one reason why SGA Senate decided to revamp the constitution.

"These changes were made to benefit the students," said senior Lynn Aiani, academic affairs council chairperson. "They should care because we're making these alterations for them. The constitution is what dictates how the intricacies of any student-wide event, such as elections etc., should be run. The students have a right to be able to voice their opinion and know when changes are made that could potentially affect them personally."

Students meet weekly to discuss possible solutions to this problem as well as others.

Last year the major changes included: switching "majority" to "plurality" because of the low voter turnout for SGA elections and creating a technology coordinator to update the SGA Web site.

"This is just the surface," said Meghan Cudahy, SGA vice president. "We cover a lot of issues at each meeting."

This year, they are looking at why some positions within SGA are appointed whereas others are elected school-wide and why this is

so. They are also looking at a new line of succession in case vacancies occur in the positions of SGA president or SGA vice president again.

"This situation was one of the most challenging times I had to face during my four years at Mary Washington and the constitution must be corrected so that it does not happen to someone else in the future," Orstead said.

Issues are also arising with interpretation of the wording.

"The problem is that we as a committee think we are seeing all sides of the rule and then something comes up that we did not think of," said junior Paul Kozar, SGA senate vice president.

"That is why more students are needed at this meeting. Loop holes exist, they always will exist."

At the moment, members of the committee are also revisiting the issue of how many positions one can hold in SGA organizations. The interpretation of this section is confusing and members are trying to make it more clear and direct.

"The goal of rewriting the

constitution is really to ensure the future success of the SGA and through that provide future generations of students direction, motive, authority and understand," said senior Daniel Bouchard. "If we as SGA are to stand for all students' concerns, we have to be able to stand strong and know what we are doing is correct and without challenge. We have their governing rules to be able to serve at full capacity. These changes affect all that attend this institution. We need to get it right once and for all. This is a process everyone should be involved in because it touches all of our lives at Mary Washington. We don't just exist here. This is our life participation in it."

Members expect the SGA Constitution to be revised and implemented by March 2005.

According to the constitution, "An amendment to this constitution may be proposed by any student. A petition of 10 percent of the student body must accompany all proposed amendments to the Senate. The Senate must approve the amendment by a three-fourths majority. If the amendment passes the Senate then it will become effective if passed by a vote of 50 percent plus one majority of the student electorate [student body]."

The meetings are held every Thursday at 8:30 p.m. in an open room on the second floor of Monroe Hall. Sophomore Ken Scheiber, SGA senate secretary, encourages students to attend these meetings and provide feedback.

"Students should absolutely attend these meetings because the SGA is the only officially recognized voice of the student body on campus," Scheiber said. "They should make their voices heard. It's their constitution as much as anyone else's."

If students want a copy of the agenda for the Thursday meeting, they can e-mail Megan Cudahy, SGA vice president.

Ceremonies Held Together

Graduate And Undergraduate Students Will Walk Together

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Due to concern about the length of the ceremony as a result of having students from both campuses graduate in one commencement, the administration is considering ways to shorten the ceremony, according to Corbin.

In previous years, she said the graduation ceremony lasted at least three hours.

At this time, Corbin said, the only idea planned is to shorten the dean of the faculty's remarks during commencement.

Other possible ways to shorten commencement include starting the ceremony earlier and moving the student and faculty awards to another event.

Anderson consults with members of the Executive Council, the Senior Staff, and the Board of Visitors when making decisions.

Senior Marci Knight, a biology major at the University of Mary Washington, is also concerned about the length of graduation ceremony.

"Graduation ceremony takes so long to do anyway, why make it longer?" Knight said. "They don't go to our school... why share the special occasion?"

Class Council rejected a proposal to have the faculty awards held on the night of their Convocation, according to senior Katie Jensen, vice president of the executive board of class council and publicity chair for the senior class.

Jensen said, dean of Student Life Cedric Rucker asked Class Council what they were planning to have in the Convocation program and if they would be interested in having faculty awards held on the night of Convocation.

Traditionally the night before graduation, known as the Senior Convocation Ceremony, is a students-only event.

It is the time when the senior class gathers together to reminisce on their four years at UMW. A slide show is part of the tradition.



www.sco.state.co.us

"If they brought the faculty in [Convocation Ceremony] would be a much more semi-formal [event]," Jensen said. "It would change the tone of Convocation."

In the best interests of the faculty and the students, class council members the administration's request to move the faculty awards to Convocation.

If the faculty awards were moved to the night of Convocation, according to Jensen, the senior slide show tradition would be removed.

"I think that you collect pictures all four years [of college] and this is your opportunity to display them and hang out with all of your friends the night before graduation," Jensen said.

Longwood University, which recently also changed to university status, has their graduate students and undergraduate students graduate in one commencement ceremony.

"I understand that we're all under the University of Mary Washington [name]," said senior Wes Hillyard, a business major at the University of Mary Washington.

"But, at the same time, we're two different schools—we're the undergrad and they're the grad school. I think there should be the distinction between the two."

Hillyard said graduating from either school is a different milestone in life. When both groups of students are in the same commencement ceremony it also makes it less personal for everyone graduating.

One aspect of commencement ceremony which is certain not to change, according to Corbin, is Anderson handing out diplomas to graduates.

"President Anderson insists on handing each graduate a diploma," Corbin said. She said he feels strongly about shaking the hand of each graduate as they receive their real diploma.

Unlike many other universities, the University of Mary Washington gives graduates their real diploma at the time of commencement.

Nest Adjusts Food Prices

4 FLEX, page 1

vegetables. At Giant, for example, bananas are currently sold for \$.69, which is relatively consistent with the \$.65 for bananas at the Eagles Nest.

Prices on other items, such as burgers and fries, are made by the Eagles Nest's managers and approved by the school board. Each summer Lawson and other managers from the "benchmark" shop, collecting prices from such fast food restaurants as Burger King, McDonald's and Subway, placing similar prices on the Nest's food.

The \$1.80 charged for 20 ounce Gatorade at the Eagles Nest and \$1.30 for Yoplait Custard Style Yogurt are not, however, consistent with grocery store prices. One could walk across the street to Giant and the larger 32 ounce Gatorade costs \$1.59 and the yogurt goes for \$.79.

"Students should realize that Eagles Nest is a retail dining hall and we have a lot of full time staff to pay this year," Lawson said. "Schools such as UMBEC run on the same system—increasing prices for a profit."

UMBC, a campus also sponsored by Sodexho,

offers four meals a day Monday through Friday. Their late night meal slot is from 8 p.m. to 1 a.m. If such a meal time frame was added in at the University of Mary Washington, students would be able to eat up to four times a day instead of three, which means a late night snack at the Eagles Nest would be covered as a meal.

For those students with class conflicts or the preference of eating a later dinner, adding another meal each day would save some of their flex. The late night at the Eagles Nest on Thursday to Saturday is currently not covered by a meal.

Freshman Liz O'Neill is for the idea of eating at a later time without having to use flex. "I like to eat at five p.m., but then come back and eat at like 10 p.m. with my friends," she said. "It's more of a social thing."

Van Brunt, cashier at the Eagles Nest, continues to see more and more students this semester with little to no flex, either forcing them to ask a neighbor in line for flex or take out some items.

"They want to eat, but they have no money," Van Brunt said. "I tell them—go call mommy and ask for more money on your cards."

Meal Plan Prices Are Up

4 SEACO, page 1

chicken sandwiches. Is Seaco falling down? No. They're taking us for a ride and there's nothing we can do about it."

Junior Monyet Hill feels the changes she sees to Seacobeck are unnecessary.

"I don't like it because I have to pay," she said. "I don't agree with it. I'm not paying for decorations, I'm paying for food, so unless you're going to upgrade the food, that's a different story. I don't care for scenery or booths. What I see is decoration."

Many students only see the aesthetic changes to UMW's single dining hall.

Everything from fire suppression systems to more handicap accessible bathrooms have been installed. According to Rick Hurley, as with any change on campus the revenue source picks up the tab.

"If I were to renovate a residence hall your room fees would go up to pay for that change, in this case that meal plan fee you pay includes the cost of paying Sodexho and it picks up most of the debt we anticipate having relating to the Seacobeck project," Hurley said. "It's tying the purpose of the renovation to the revenue stream."

Viewpoints

More
Viewpoints
Page 9

Editorial One Spot, Folks

A long time ago, Fredericksburg city workers spent a long time painting lines on College Avenue.

That's right. They were painting parallel parking spots.

They're pretty big parking spots, too. Even if you're not adept at parallel parking, you should be able to fit your car into one.

So why do some students choose to ignore these lines of demarcation?

Why do some students choose to deposit their vehicles in the middle of two parking spaces? What's the deal?

It takes minimal effort to pull your car up a few feet and navigate it into a cozy little space of its own.

When it is in between two parking spaces, trouble arises for the rest of us. It creates tiny parking spaces in front of and behind your car.

It doesn't matter how dexterous you are at parallel parking, or how nimble-wheeled your car is, or how massive its turning radius is.

It's simply impossible to maneuver a car into a space that is too small.

It's not like trying to squeeze a size-8 foot into a size-7 shoe. Feet are slightly more flexible than cars are.

Have some respect for your fellow students. One spot, folks.

Election Reaction

Student Asks Why

By CONNOR HANNIGAN
Guest Columnist

Leading up to this election I have been searching for a good reason to vote Republican. I earnestly could not find one and after talking with conservative friends,

I am feeling that if you voted for Bush you:

A. Have fundamental Christian beliefs that you wish to impose on other people.

B. Have not been following the wars in Iraq or Afghanistan closely and don't understand the disasters there.

C. Do not care about economics or about screwing over poor people.

D. Do not think that the entire world hating us undermines the war on terror.

E. Want someone whose convictions have proven to continually divide us.

F. Think "W" has a nice personality.

Connor Hannigan is a senior.



WHAT KERRY SUPPORTERS CAN DO IN THE WAKE OF THE ELECTION...

Cartoon By Matt Czapiewski

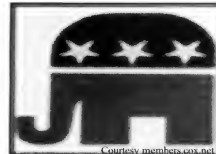
Hooray For Pres. George W. Bush

BY NELL BARNES
Guest Columnist

I am ecstatic over George W. Bush's victory over Senator John Kerry.

The votes of our nation are indicative that our nation needs a man of strong virtues who is willing to do what is right, no matter what the popular opinion.

I was extremely pleased to see that the American people made up their own minds on who to vote for and refused to blindly follow the influences of liberal Hollywood and the entertainment



Courtesy: nelson.com.net

industry.

I stand behind President Bush 100 percent of the way.

We could not possibly have chosen a better man for office.

Nell Barnes is senior.

Supporters Of Kerry Have Moral Values Too

By JANNA LEVIN
Staff Writer

According to national exit polls taken during the 2004 general election, 22 percent of voters cited "moral values" as the single most important issue influencing their vote. This is a bigger percentage than those concerned about the economy (20 percent), taxes (five percent), or even terrorism (19 percent) or the war in Iraq (15 percent).

Eighty percent of these "moral values" voters cast their votes for Bush. These numbers seem to suggest that Republicans had a monopoly on morality, and the conservative positions were the only ethical choices. This is misleading and ultimately just plain wrong. Who defines these moral values, anyway? What do they consist of?

Three hot-button issues took center stage during this year's very divisive campaign season. They came up again and again, and they seemed to have the unique power to polarize the American electorate. I am speaking of abortion, gay marriage, and stem cell research.

George W. Bush opposed each of these three issues, along with the majority of voters who called themselves "white Evangelical Christians." In 11 states, "moral values" voters defined marriage exclusively between a man and a woman.

The president's record is even worse: Bush supported the Defense of Marriage Act earlier this year, an attempt to write anti-gay

discrimination into the Constitution, and he opposes a woman's right to choose.

He also refuses to fund research on any new lines of stem cells, despite scientific evidence that this research could lead to a cure for Alzheimer's and other degenerative diseases. Even moderates within the Republican Party feel stem cell research is beneficial, yet anyone who questions the Bush administration is acting contrary to America's "moral values."

Since when is morality limited to one viewpoint? I may disagree wholeheartedly with the Bush administration's views, but I respect their right and the right of Republican voters to act in accordance with their collective conscience.

I am a Democrat who votes based on moral values.

My moral values consist of dignity and equal rights for people of sexual minorities, and the protection of a woman's right to make her own reproductive choices.

My moral values support using every scientific discovery to advance new cures, treatments and vaccines.

My moral values also require that the Constitution be upheld, and that religious views not be used to make political and governmental decisions.

We live in a nation where all citizens have a right to their own opinions.

Let us not forget those who are silenced or made to feel less-than-equal in our ever-evolving search for morality.

By MICHELLE TROMBETTA
Guest Columnist

Over the past few years, I have become very disturbed at the acceptance and use of the conservative right's definition of the phrase "moral issues."

The 2004 election truly demonstrated how narrow the definition of "moral issues" is as our polls and our press propagated the phrase to include only the topics of abortion and same-sex marriage.

I am hoping that we as a nation can redefine the narrow interpretation of "moral issues" to encompass what many see as other moral issues facing our society.

I am a Republican who this year decided to vote for John Kerry. My reason: moral issues.

We have a moral obligation to deliver the best education possible to the children of our nation. It is criminal to send thousands of our troops to Iraq for disputed reasons, without the full support of our allies and with no real plan to get them home.

It is wrong to force a woman to bear a child that she cannot raise or is a product of rape or incest.

Our constitution is a document best used by granting rights, and it is morally wrong to use it as a means to bar millions of people from marrying.

It is absolutely immoral to leave our future generations with the kind of national debt they will inherit as President Bush continues to raise the debt limits, and to give them a world where the beauty of our land is secondary to the resources it can produce.

On Nov. 2, I walked away from my Republican roots because their values do not align with my definition of moral issues.

In future elections, I sincerely hope the press, the pollsters and the parties can see that every facet of our society defines their moral values differently and talk about the issues clearly without lumping them together in an inaccurate phrase.

Michelle Trombetta graduated in 1997.

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The Bulletin is always eager to receive letters to the editor and guest columns, and every effort is made to print them.

Letters should be submitted the Monday before publication. Letters should be no longer than 300 words, and columns should not exceed 700 words.

We will not publish anonymous submissions. Letters must include a phone number and address for purposes of verification. They can be mailed to The Bulletin at 1701 College Avenue, Fredericksburg, VA, 22401-4666, delivered to our office in Seacobeck Hall or sent to our email address at bullet@umw.edu.

Opinions expressed in columns or letters to the editor do not necessarily reflect the views of the staff. Contact The Bulletin at 540-654-1133.

The Bulletin is published on Thursday afternoons during the fall and spring semesters. All decisions are made by the editorial board, independent of The Bulletin adviser.

Features

A Hero Among Us

UMW Student Awarded Bronze Star For Services In Afghanistan

By KERRI SCALES
Staff Writer

The most poignant memory University of Mary Washington student Shamus Gordon recalls from serving time in Afghanistan is when a hand grenade was tossed into the truck he and his men were traveling in.

"We went to toss it out of the truck but as we looked out we saw a young child standing close by," Gordon recalled. "So one of the men held it down underneath his seat and ended up blowing off his own hand."

Gordon served five years of active duty in the military and is currently under inactive status. He was the team leader of a Tactical Human Intelligence Team.

He and his infantry were responsible for interrogating prisoners to gather information and they also decided whether the prisoners should be sent to a higher detention facility.

Gordon and his men also worked as a Force Protection Team, which called for them to go into the countryside dressed as civilians and try to find out where Taliban leaders were hiding and moving throughout the area.

He served as the Staff Sergeant or E-6 of his group and was the recipient of the highly respected Bronze Star for his services in Afghanistan. The Bronze Star is given to any person who portrays acts of heroism.

Gordon awards himself very little credit, saying "The medal was more a recognition of what his men did. I was just there to push them."

He acted as the experienced member of his group and stood as someone who was looked up

to, but can recall times when he himself could not handle the emotional struggles.

While patrolling the streets one afternoon, a few young children were playing near a fruit stand. Moments later the stand exploded injuring between 70-80 people and killing 12 children.

"Everyone was just trying to help assist the medics in any way they could," Gordon said. "But the hardest part was trying to explain to the children exactly what happened."

Gordon attended East Lyme High School in East Lyme, Conn. He worked for Amtrak for five years but grew bored of driving trains and joined the Army. Though he says that joining the Army was a spur of the moment thing, he looks at his experience as life changing and would not trade it for anything in the world.

Gordon, who is 28 years old, decided to attend the University of Mary Washington because the university recognizes the experience he got from serving in the military and awards credit to him for it. His sister-in-law also attended the university.



Courtesy Shamus Gordon

Shamus Gordon (far right) with another Humint Team Leader and two visiting officials while stationed in Afghanistan.

Gordon began his training at a Basic Training Fort in Georgia. He then attended a Defense Language Institute in California and moved on to a Military Intelligence Center in Arizona. Gordon was stationed at the 10th Mountain Division in New York when he was deployed to Kosovo. Gordon spent nine months there and a year later was shipped to Afghanistan for one year.

Although both Afghanistan and Kosovo took Gordon away from his life in America and put him in harm's

way, he admits that his time spent in Afghanistan was a lot more enjoyable. Afghanistan provided a lot more action and allowed for Gordon to put a lot more of his skills to use, where Kosovo didn't.

"Being in Kosovo felt like being a cop. There was very little action and we spent most of our time walking through the streets telling people what to do, rather than helping to protect them," Gordon said.

► See AFGHANISTAN, page 5



Katy Nicholson / Bulletin

The house at Belmont, the Gari Melchers Estate. The museum offers free admission to University of Mary Washington students.

Hidden Treasure: Belmont Estate Offers Peaceful Retreat To Students

By KATY NICHOLSON
Assistant Features Editor

When artist Gari Melchers got his new wooden wardrobe up the stairs of his house at Belmont, he found that it was too tall to fit in the hallway. So he cut some holes in the floor to make room for the wardrobe.

"His father was a sculptor, so he couldn't bear to cut the legs off," said Nancy Heyward, Belmont's education coordinator.

Melchers died in 1932, but the wardrobe, legs and all, remains in the hall. In fact, the house is decorated entirely with furniture, artwork and other objects that belonged to him and his wife, Corinne. A copy of "Time" magazine, dated Sept. 26, 1938, sits on an upstairs dresser.

When Corinne Melchers died in 1955, she left the Belmont estate to the state of Virginia. In 1975, the estate was opened to the public under the administration of Mary Washington College. Today, the house and its grounds are maintained by a director, a curator, an education coordinator and a gardener/landscape preservationist. There also are 20 paid docents who give tours of the house and studio.

Pamphlets written by Belmont's curator, Joanna Catron, provide information on Melchers' life. Born in Detroit in 1860, Melchers studied painting in Germany and France as a young man. He spent time in Holland, where he painted scenes from the everyday lives of everyday people. His paintings were so

accurately representative of Dutch life that people often thought he was a Dutchman. "The Sermon," Melchers' painting of a Dutch woman sleeping through a church service, is currently in the collection of the Smithsonian American Art Museum.

In 1889, Melchers and John Singer Sargent became the first American painters to receive the grand prize at the Paris Universal Exposition. Always a realist, Melchers painted a variety of subjects, including religious figures, mothers and children and household scenes.

Melchers made the majority of his money by painting portraits, including those of Theodore Roosevelt, Mark Twain and the Vanderbilts.

Melchers met his wife, Corinne, on a trip to Europe. She was also an artist, and twenty years his junior. Once they were married, Corinne devoted most of her time to supporting her husband's career and the couple never had children.

The Melchers family lived in Europe and New York, but found a peaceful, rural alternative to the city in Falmouth. In 1916, they purchased Belmont for \$12,000. According to Nancy Heyward, the house cost about as much as two of Gari Melchers' portraits. The estate, which dated back to the late 1700s, had fallen into disrepair. The family soon renovated their new home and added a sunroom and a studio for Gari.

Just as the house is full of the Melchers family's collections of art, furniture, china, silver and brass, the stone studio is full of Gari's easels, paint brushes, paints and artwork.

Some of Gari Melchers' paintings reflect his life in Fredericksburg. One features the downtown building that is now Renato's restaurant. Another, called "Saint George's," depicts the Presbyterian church downtown. The painting is actually named after Saint George's Episcopal church, though only its spire is visible in the picture. According to Nancy Heyward, the painting got its name because Corinne Melchers used to attend Episcopal services.

According to David Bereth, director of Belmont, the museum is a division under the President's Office of the University of Mary Washington. This means that the school approves the museum's budget and many of Belmont's employees are considered to be faculty and staff members of the university.

Some of the museum's employees even attended the university. Joanna Catron, the curator, is a graduate and Joyce Sterne, who has been a docent at the museum for 29 years, was a member of the Class of 1953.

Although no interns currently work at Belmont, Heyward said that there are internship opportunities available to University of Mary Washington students. She said students can tailor internships to their majors.

Belmont's employees encourage University of Mary Washington students to visit. Students and staff can tour the house and grounds for free, while admission is seven dollars for the general public. Tours generally last about an hour and a half and

► See BELMONT, page 5

Thumbs Up... Thumbs Down...



To Women's Soccer winning the CAC Championship on Saturday.



To boxmates who don't pick up their mail.



To Barry Buchanan.



To spitting on the sidewalk.

Send your own thumbs to bullet@umw.edu



Courtesy Shamus Gordon

Shamus Gordon (center) in the village of Mandi Sar, Kandahar Province in Afghanistan with his fellow soldiers and some of the children of the local warlords.

Soldier Returns From Afghanistan, Attends UMW

◀ AFGHANISTAN, page 4

Though his time spent serving in the military was not for entertainment purposes, Gordon says that there were certain perks. While in Kosovo Gordon and his accompanying troops were visited by musicians Mariah Carey and Blues Traveler. A year later while in Afghanistan, comedian Robin Williams came just in time for Christmas.

"Having Robin Williams come around the holidays made it a lot easier," Gordon said. "Your mind wasn't thinking of family, for a little while at least."

The 2004 presidential election was the first that Gordon participated in. A strong supporter of the Kerry/Edwards team, Gordon was disappointed when he heard of their defeat but adds that there is always next time.

"Our International image is horrid right now

and I thought a change in the Presidency and his cabinet would have been good," Gordon said.

The military tends to vote Republican due to

the United States and is therefore the commander in chief of the military, many soldiers disagree with some of the choices he has made concerning the war.

"The choice to go into Afghanistan right away was smart. A statement had to be made," Gordon said. "Military action did need to be taken in Iraq, but the way we did it was too hard and too fast. We established power too quickly."

Gordon is enjoying his time at the University of Mary Washington as well as making up for lost time with his family. Though he would be ready at a moments notice if he is called upon by the military, Gordon is hoping that America will find its way out of this war.

“The choice to go into Afghanistan right away was smart.”

- Shamus Gordon

the strong economic support they receive from the political party, but Gordon predicted that this year the United States would witness many more military personnel voting Democratic than ever before.

Though George W. Bush is the president of

Ready, Set, Bake Apartments To Hold Iron Chef Cook-Off

By ANDREW STONE
Staff Writer

"Iron Chef," the popular Japanese cooking show that pits two chefs against each other in a culinary battle, is coming to the University of Mary Washington this November. Both the Apartments and Madison Hall have decided to hold cooking competitions similar in format to Iron Chef.

Senior Cara Stout explained the format for the Iron Chef event that will take place at the Apartments at 4 p.m. on Sunday.

"We're going to put all the ingredients in bags, and we're going to meet outside, explain the rules, and then the participants will take the ingredients back to their apartments to cook," Stout said.

She also said that representatives from the Honor Council will be moving from room to room to observe the participants.

Junior Anne Shilton, a resident of Madison Hall, said her hall will

hold a competition sometime around Thanksgiving.

"We're having the three floors of Madison compete against each other, and each floor will have a team of two to three people," Shilton said. "Each floor will get five or six ingredients with which to make some sort of dish."

Shilton plans to make the ingredients as exotic as possible.

"We're going to try and make the ingredients really weird," she said. However, she said budget is an issue.

"We have \$60 in all, so that's \$20 per team for ingredients."

Shilton also plans to use an additional \$60 to buy a George Foreman grill for the winning floor.

Stout said she plans to have a prize for the winners of the Apartments' Iron Chef.

"Whoever wins gets a \$50 gift certificate to Giant," Stout said.

The Apartments will use different ingredients from the ones planned for Madison Hall.

Instead of using exotic ingredients, the Apartments' competition will have students cook with ingredients such as ramen noodles and

canned vegetables. And the secret ingredient?

"We're going to try and find something quirky, like peanut butter, that people have to incorporate into the cooking," she said.

Some university of Mary Washington students have had personal experiences with real Iron Chefs. This past summer, juniors Ryan Stefonic and Brittney Garcia ate at Morimoto's, a Japanese restaurant in Philadelphia run by an actual cook from the television show.

"It was outstanding," Stefonic said. "Without a doubt it was the best food I've ever eaten. We chose to let the chef decide what to make us, and he served us an eight-course meal and each course was amazing."

Garcia agreed that the food was very good.

"Everything was excellent, the food came in small portions, and we ate things like swordfish seared in peanut oil, sushi made from tuna, halibut, and eel," she said. "I can't even remember everything we ate but the food was amazing."

The restaurant's layout was also exceptional.

"The place had an almost retro feel to it," Stefonic said. "You would sit in these transparent booths that

went from red to green to blue and back. It was very cool."

Though the Iron Chefs on campus will likely not be as talented or glamorous as those from the show, that still hasn't stopped prospective

participant Su Jeffries from getting excited.

"Food is God," Jeffries said. "I live food, no messing around."

The Madison Hall Iron Chef showdown is not part of any larger event, but the Apartments' competition is.

"We have this thing called the A-Games, which stands for Apartments games," Stout said. "The winner of each game gets a gold-colored palm tree called 'the Golden Palm' that they can display on their balcony."

The Iron Chef competition will be the fourth event in this semester's series of A-Games, and it is likely to draw around 30 participants.

Anyone who is interested in attending either of these events is welcome. There will also be taste testing at each of the competitions, open to all who come.



Courtesy umw.edu/belnu

The dining room at the Gari Melchers Estate.

Belmont Hosts

Holiday Open House

Dec. 4: 10 a.m. - 4 p.m.

Dec. 5: 1 p.m. - 4 p.m.

Day Trip: Glimpse Into The Past At Belmont

◀ BELMONT, page 4

include an orientation video, a tour of the house and studio and a walk through the gardens.

According to Roxana Varga, a visitor center staff member, the museum is a popular stop for tourists, though it generally does not have more than 25 visitors each day.

"A lot of travelers will stop off here curious because they see the sign. It says, 'Gari Melchers Art Museum' and they're curious about what it is," she said.

Varga said area residents often picnic on the lawn and local photographers use the grounds for wedding photographs and senior pictures.

Heyward said students do not visit the museum as often as she would like. She would like to see more students visit the grounds at their leisure.

"Students can come here anytime. You can bring your books, bring a picnic," she said. "If you're studying for exams, it's a great place to go for a break."

Heyward also believes that classes at the university can benefit from a visit to the museum, and wishes that more professors would take advantage of Belmont. She said that the museum employees can adapt their tours to the needs of individual classes. For example, the head gardener has given tours to some science classes and the house contains many archives.

"It's an incredible resource," she said.

"Not only would we provide a venue for history classes, the house and studio could provide inspiration for freshman comp. and creative writing classes."

Kristin Vinago, a junior historic preservation major, also thinks more professors should take advantage of Belmont.

"I think that Belmont would be really useful for almost all my classes," she said of her recent visit to the museum. "It is definitely one of the best area museums I have visited."

Vinago enjoyed her visit to Belmont and plans to return.

"It was so beautiful, I'll definitely be going back," she said.

Belmont sponsors a variety of events throughout the year. On Dec. 4 and 5, the house will be decorated for the holidays and there will be an open house which is free to the public.

Heyward said that next year, when construction is completed on an auditorium and public lecture room, the museum will host a number of inaugural events, including guest speakers who will focus on the arts and religious figures.

Varga said that once visitors discover Belmont, they wish that they had known about it earlier.

"It's one of Stafford's best-kept secrets," she said.

Belmont Museum Hours:

Mon. - Sat. 10 a.m. to 5 p.m.

Sun. 1 p.m. to 5 p.m.

For more information, call (540) 654-1015.

Classifieds

SPRING BREAK 2005

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Scene

Bands Battle For \$400

By BECCA BARNABI
Staff Writer

Freshman Mandy Brown is the drummer in a band called Afterburn.

Brown and her bandmates will be one of nine bands playing on Thursday Nov. 11 in the Battle of the Bands, sponsored by the Honor Council and the Psi Upsilon fraternity.

The four members of Afterburn have been playing together for over a year, according to Brown, and are currently looking for a record label.

"College is our back-up plan," Brown said.

Afterburn consists of keyboardist and vocalist Scott Black who is a student at Germanna Community College, guitarist Kenny Harrington, also a student at GCC, bassist Brandon Lietzan, who will be attending Longwood University in the spring, and drummer Brown.

According to Brown, Black and Harrington were friends and they went to school with Lietzan. They started Afterburn, and Brown responded to fliers they put out searching for a drummer.

All four members are from the Fredericksburg area. Black, Harrington, and Lietzan attended Spotsylvania High School, and Brown attended Courtland High School.

Brown describes Afterburn's music as basic rock with influences of jazz, hip-hop, and funk. At the Battle of the Bands, Afterburn will perform the original songs "Pages," "In the A.M.," and "Crosswalk." More information about the band can be found at www.afterburnmusic.com.

The Battle of the Bands is brought to UMW by the Honor Council and serves as one of the events for Honor Awareness Week. According to Honor Council member and HAW Coordinator, sophomore Sarah Eckman, Honor Council was going to permit the first 10 bands that applied to participate in the Battle of the Bands.

The event will take place in the Underground and begin at 7:30 p.m. Each band will have up to 10 minutes to perform or be able to perform three



Sara Nemati/Bullet

songs. Most of the bands, according to Eckman, are performing original music; but there will be some cover songs done.

Classic Smack, according to UMW senior and bassist Matthew Arnold, will perform three cover songs: "Jumpin' Jack Flash," "Wipe Out," and Creedence Clearwater Revival's "Bad Moon Rising."

Classic Smack consists of brothers Joe and Mike Ford, students at George Mason University, and Arnold. The bandmates have known each for many years, Arnold said, including a fourth member who left the band. They decided to start a band when they realized each person happened to play a different instrument. The name of the band came about by chance.

"We had a hard time coming up with something," Arnold said.

According to Arnold, one day the fourth member of the band looked down at a guitar foot pedal made by Classic Metal. A box of Kellogg's Smacks sitting nearby completed the inspiration.

Classic Smack, as a band, considers Creedence Clearwater Revival an inspiration, but Arnold said the band does not put a label on the music they play.

Arnold said Classic Smack has been together

for five years and they hope to take the band as far as they can.

"We have big dreams for it and we'll just see if those become real," Arnold said.

Eckman said each band will be judged out of 100 points for their originality, stage presence, and musicianship, the crowd's response and their overall effect. The three bands with the highest scores out of 100 points will go on to the semi-final round where the audience's applause will determine a top winner.

The band to win first place will receive \$400, which was donated by Psi Upsilon, and have the opportunity to perform as the opening act on Devil-Goat Day in the spring. Second place will receive \$300; third place, \$200; and fourth place, \$100.

The judges will be UMW Assistant Professor of Music Craig Naylor, Junior Class President and Student Government Association President Frank Pulco, Emma Interlandi from Giant Productions, and junior Katy Hershberger, assistant scene editor for *The Bulletin*. Marshall Vogt, SGA webmaster for the executive cabinet, will be the judge panel foreman.

Not all members of each band are students at UMW, but Eckman said, that as a requirement to

be in the Battle of the Bands at least one band member must be a student at UMW. The bands performing will exhibit music styles of differing genres.

Other bands performing are Twi-Lite Motel, MAPLE, AbsoluteZero, ISM, We Ain't No Beverage, Presidential Suite, and Hologram.

The Battle of the Bands is open to all UMW students and is a free event.

Eckman said the Battle of the Bands is one of several events done during Honor Awareness Week. Other events include a barbecue, AppleFest, a faculty luncheon, a mock hearing, and co-sponsoring a movie, "The Manchurian Candidate," with Cheap Seats. The Battle of the Bands is the most popular event and due to its popularity the Honor Council is considering holding it in the Great Hall next year so that more students can attend.

Battle of the Bands

Underground
Tonight at 7:30 p.m.

UMW: "U" Make Waste

By ELIZABETH MURRAY
Staff Writer

College students go through an inordinate amount of paper, pizza boxes, and soda cans, all of which are recyclable, most of which are thrown away.

In an average garbage dump, approximately 40 percent consists of recyclable paper, nine percent are those pizza boxes, and billions of feet consist of cans. This all goes to waste, when in fact, using recycled paper instead of new paper would cut back on both water and air pollution, which are by-products of producing paper.

Those pizza boxes are also recyclable, as are the aluminum cans which can be reused without any loss of material.

Most people describe the benefits of recycling in terms of number of trees saved (17 trees per ton of recycled paper), but

it means even more to the average person to learn about the savings in terms they can relate to daily.

Recycling one aluminum can saves enough energy to run your television for three hours. Three hours is enough time to watch all of primetime on FOX Sunday from "King of the Hill," to "Malcolm in the Middle," to "The Simpsons," to "Arrested Development," and all the way through "My Big Fat Obnoxious Boss."

When people drive home through Staten Island to get home for Thanksgiving, as they pass by the mountains of garbage, the smell they experience is actually the paper that has not been recycled.

For all future marine biologists and animal lovers, the plastic bags and other garbage which is disposed of in the ocean kills as many as one million sea creatures each year. Finally, those who need a

candy pick-me-up when studying, more than twenty million Hershey's Kisses are wrapped every day. That eats up 133 square miles of tinfoil, all of which is recyclable.

The world is burning through its natural resources when they could easily be conserved. This is where the tiny but mighty UMW Ecology Club steps into the picture.

Last year, the Ecology Club helped set up a recycling program in the freshmen residence halls so they could start recycling immediately. Currently, the Ecology Club is working to raise campus awareness about the benefits of recycling while improving the recycling program in the Eagles Nest as well as Seacobeck. Sophomore Susannah Jackson, is appalled by the gross amount of waste produced each day in the Eagles Nest alone.

The Ecology Club has decided to make the next step in an effort to clean up the Eagles Nest and Seacobeck's act. Presently, the Eagles Nest is recycling the contents of the recycling bins, and Seacobeck is working to recycle the paper

► RECYCLING, page 7



New CDs This Week

From the top left:
The Doobie Brothers: "Live at Wolf Trap"
Elton John: "Peachtree Road"
Queen: "On Fire at the Bowl"
Vanessa Carlton: "Harmonium"

All CD release dates were Nov. 9, 2004.
All CD cover art courtesy of allmusic.com.

Top 3 Movies

Photos courtesy of imdb.com



1. "The Incredibles"



2. "Ray"



3. "The Grudge"

What Song Best Describes Your Life?

Photos and Interviews by Beth Wingard



"Damn It Feels Good to be a Gangsta."

--Katie Green, Senior



"Girls Just Wanna Have Fun."

--Eric Everitt and Dan Punaro, Freshmen



"Can't Touch This."

--Jackie Durr, Senior



"Aerodynamic."

--Tim Cook, Junior



"I'm Too Sexy."

--Katie Noesner, Senior

Art Students Spin "Spiral Jetty"

By HONOR BOWMAN
Staff Writer

In the warmer months of the school year, it is not atypical for the area surrounding Melchers Hall to become dotted with outdoor art. Rope bridges, large hanging structures, and small standing sculptures crop up in the woods and on the lawns.

Most students absentmindedly note the art as they walk by, for the most part dismissing the creations as just another strange product of the art department. However, the work installed this week by this year's Sculpture I class is sure to turn a few heads, and maybe cause a brief detour on a student's way to class.

The piece is a response to artist Robert Smithson's 1970 earthwork "Spiral Jetty," and can be found outside Riderhoff-Martin Gallery, on the dupont Hall side. Constructed of index cards, poster board, shower curtains, typed text, sandwich bags, and thousands of orange lawn-marker stakes, the mixed media piece has been in the works for months and took three days to install.

It was finished Tuesday afternoon in time for the arrival of the art department's visiting scholar, Dr. James Elkins.

The UMW Spiral Jetty is a tribute to the original, which celebrated its 34th Anniversary this year. The original jetty is a 15-foot wide path constructed of mud and rock that juts 15,000 feet out into the Great Salt Lake in Utah, coiling into a spiral. Smithson's massive piece allows the viewer to walk out into the lake and wind around, reaching the center of the coil, and the end of the jetty.

The massive spiral figuratively and physically relates to the environment in which it was built. Spirals symbolize eternity and infinity—themes often linked to bodies of water in ancient cultures. In addition, the earth used to construct the jetty was taken directly from the hills surrounding the lake and dumped into the water, so that the jetty blurs the distinction between lake and shore.

Due to rising water levels in the Great Salt Lake, Smithson's piece has been submerged for the past five years, re-emerging in September after months of drought, newly encrusted in salt from the incredibly saline water. "Sculpture Magazine" and the International Sculpture Center co-hosted a celebration of the piece in Utah, to commemorate its re-emergence.

In lieu of traveling to Utah for the official celebration, the UMW Sculpture I class decided to commemorate "Spiral Jetty" here in Fredericksburg, by creating a work based on Smithson's, but relevant to the campus.

"What an opportunity to teach context," said Carole Garmon, associate professor of the art department. "[Smithson's earthworks] were monumental. They were about the place."

The UMW Spiral Jetty attempts to borrow the idea of the original jetty, and the themes with which it deals, while making it about the campus in which it stands.

The jetty lies on a triangular plot of land outside of Riderhoff-Martin Gallery in a sea of paper. The class mounted the words "rock," "mud," "salt crystals" and "water," on index cards, and used lawn markers to stake them to the ground, leaving a spiral path of grass in the center.

"The jetty is the negative and the sea, or salt lake in this case, becomes the words," Garmon said.

The words allude to the materials used in Smithson's "Spiral Jetty," while using materials that relate to the college environment. Although rocks, mud, salt crystals, and water are common in and around the Great Salt Lake, index cards, computer paper, and typed text are more readily available in an academic environment.

"I think the adaptation of the original idea to our own campus is creative and will set this project apart," said junior Andrew Coulter.

The recreation of the "Spiral Jetty" was a collaboration of all the students of the class.

"We as a group have spent a lot of time on it and thought about everything that needs to be thought about," said senior Lydia Haas.

Joni Wilson of the department of landscaping, granted the class permission to set up the piece on school grounds. The class then divided up into committees and funded the entire project themselves, spending approximately \$250 and countless hours of time outside of class. On Nov. 7, the class began installing the work.

"I've been here roughly eight hours every day...so yeah, it's a lot of work," said senior Laurie Kosloske, project leader. "It's instilling teamwork in the class; it's going to be successful when it's done."

Senior biology major Emil Christofakis, the only non-art major in the Sculpture class, headed up the committee for measuring the land and making the calculations necessary for plotting out the spiral.

"Well, I know I haven't lost my mad math skills," Christofakis said.

Like Smithson's "Spiral Jetty," the sculpture offers viewers the chance to actually participate in the work by traveling down the jetty and spiraling around to the center of the "sea." The artwork will also offer a tangible return as well.

The installation is scheduled to stand from Tuesday Nov. 9 through the following weekend, weather permitting. When the time comes to dismantle the piece, students and faculty are invited to come and take a piece of the project home. A mass e-mail containing details will be sent out to students.

"What happens to you three years from now when you see a piece of the jetty in a closet or on a bulletin board?" Garmon said. "Where will you be?"

--

Well, I know I haven't lost my mad math skills.

--Emil Christofakis

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Ecology Club Kicks Waste

◀ RECYCLING, page 6

Junior Abby Lindsay emphasizes the importance of recycling.

from its offices. It will take an effort to get Seacobeck to recycle all of its boxes and cans, so the Ecology Club is working to research companies to work with in an effort to conserve.

This spring, the Ecology Club is going to kick off a recycling campaign. Students can look forward to a contest for a new recycling bumper sticker, as well as a cleaner campus.

"Our earth doesn't have the resources to last forever," Lindsay said. "Recycling won't erase our use of them, but it will cut down on our impact and make it more sustainable. The way this all happens is by the little things we do. We've got recycling on campus, it's now up to students to use it."

Any and every effort to recycle is a step in the right direction. Reduce, reuse, recycle.

Calendar of Events

Battle of the Bands

Nov. 11

Underground 7:30 p.m.

Godspell

Nov. 11-13 & 17-20, 8 p.m.;

Nov. 14 & 20-21, 2 p.m.

Klein Theatre, duPont Hall

Admission: \$20 general admission,

\$16 students and senior citizens

Second Senior Art Show

duPont Gallery

Opening reception, Nov. 12, 5-7 p.m.;

regular hours are Monday-Friday, 10 a.m. to 4 p.m.;

Saturday and Sunday, 1-4 p.m.

Una Voce: First Annual College Invitational

Lee Hall Ballroom

Nov. 13 7:30 p.m.

Classifieds

SPRING BREAK 2005

Travel with STS, America's #1 Student Tour Operator to Jamaica, Cancun, Acapulco, Bahamas and Florida. NOW HIRING ON-CAMPUS REPS. Call for group discounts. Info/Reservations 1-800-648-4849. www.ststravel.com.

Wanted

Position: Legal Secretary

Work Status: Part-time

Pay: Based on experience

Small growing Spotsylvania law firm needs part-time experienced legal secretary. Candidate must possess strong interpersonal skills with an attention to detail, and be able to multitask. Looking to hire immediately. For consideration please fax resume (540) 582-6721.

Wanted

Transit Driver - Substitutes (Part-time)

Drivers needed for FREDERICKSBURG Regional Transit System. Various shifts available (including evenings and weekends). Position is responsible for the operation of public vehicles and the safe and timely transportation of passengers. Requires valid VA driver's license with ability to obtain CDL.

Hourly rate: \$10.56

Closing Date: Open until filled

News

Monroe Hall Pipes Fail

By LEAH TRIPLETT
Staff Writer

A section of pipes essential to Monroe Hall failed earlier this fall, leaving fencing outside of the building as well as disrupting the brick sidewalk outside of Willard Hall.

The pipes provided heat to the building through steam and condensation, according to John Wiltz, associate vice president for facilities services. This heat is used to warm sink water as well as the building itself.

According to Wiltz, the cost of the pipes and repairs is estimated at \$25,000.

Wiltz said the pipeline began to malfunction in September. The problem is imperative to fix since the piping provides heat for the building, which contains classrooms and offices.

"The specific date of the failure is unknown," Wiltz said. "The problem was observed and reported in mid-September."

Wiltz was not exactly sure as to the age of the pipes.

"We could not find original records for the pipes, but the plans we did find indicate that the piping was at least 40 years old," Wiltz said. "Many sections of the steam and condensation system are

generally in poor condition due to age."

Both Monroe Hall and Willard Hall are two of the three remaining original buildings on campus, according to the university Web site.

According to the university Web site, Monroe Hall was completed in 1911 and is home to the departments of History and American Studies, Political Science, International Affairs, Economics, Sociology and Anthropology.

Willard Hall is home to 190 upperclassmen and is also one of the oldest buildings on campus alongside Monroe Hall, according to the university Web site.

Due to the necessary repairs to the piping of Monroe Hall, fencing has obstructed the brick sidewalk leading up to Willard Hall.

According to Wiltz, the repairs to the Monroe Hall pipes have been completed and the fencing will disappear when the Willard Hall sidewalk is mended.

"The pipes have been replaced," Wiltz said. "The fence will remain until the sidewalks can be repaired. That work is dependent upon the weather and availability of our contractors—before the start of the spring semester."

Although the fencing might be an eyesore, Willard Hall residents are patient with the

construction and repairs.

"I haven't really noticed the work affecting the building at all," said Brooke Carter, Willard Hall resident. "None of the entrances are blocked, so it's not really a big deal."

Likewise, some professors in Monroe Hall have felt no effects of the pipe breakage or the ensuing repairs.

"I haven't been affected by the pipes or repairs," said Susan Fernshtner, assistant professor in the history and American studies department.

However, other professors have been distracted by the repair. According to Tracy Citeroni, assistant professor of sociology and anthropology, the repairs proved to be distracting.

"I teach in room 107 and my class discussions



Construction area is fenced off in front of Monroe Hall.

have been frequently interrupted by noise from the repairs," Citeroni said. "I'm sure anyone teaching in that classroom has had their work affected negatively by the repairs."

UMW Hosts Candlelight Vigil

By STEPHANIE YOUNG
Staff Writer

When Polly Newman was a child, she watched her father beat her mother and brothers. She said he ruled with his fists, anger and a 12-gauge shotgun.

Newman's story was one of the few shared at the Candlelight Vigil on Oct. 27, which was hosted by the University of Mary Washington and sponsored by the Rappahannock Council Against Sexual Assault (RCASA) as well as the Rappahannock Council on Domestic Violence (RCDV). Approximately 75 people attended to hear stories and listen to the representatives from both organizations.

Newman, who is currently the head of the RCASA's Community and Education Outreach Program, recalled her childhood abuse during the vigil.

When she was four, her father began to molest her. He told her that if she told anyone, no one would believe her and she would be taken away from her family. At 13, she finally told her mother. Her mother didn't believe her and tried to make Newman tell her father what she had accused him of. Fearing for her life, Newman said she made everything up.

For the next six years, Newman's father raped her three or four times a week.

"Instead of worrying about zits, I was worrying about getting pregnant from my father," Newman said.

Four days shy of her 19 birthday, Newman married and moved to Alaska, thinking she had left her problems behind, only to discover she was wrong.

"It was like this big, huge suitcase I hadn't unpacked," Newman said.

At 29, Newman attempted suicide and was hospitalized. She said it was her turning point and made her realize she needed help. She later found out that she was the third generation of children in her family that were abused.

According to the National Victim Center and Crime Victims Research, 80 percent of all sexual assaults are committed by an acquaintance of the victim. Seventy-five percent of women raped are between the ages of 15 and 21.

Lisa Biever, executive director of Rappahannock Council Against Sexual Assault said one in four women and one in eight men have been victims of sexual assault, but that progress has been made in Virginia and there are currently 37 sexual assault crisis centers in the state.

Iris Brown, the volunteer supervisor at RCASA, added that 27 percent of women and 21 percent of men will be sexual assault victims by the time they are 18.

Those who spoke at the vigil said they were all working toward the same goal. Throughout the evening speakers repeated that their objective is to move forward with their strength to end sexual and domestic violence and to help others do the same.

Alicia Banister, a senior at UMW, attended the vigil and found it to be a very powerful experience.

"I was very moved by the women who got up to speak," she said. "And it made me think a lot about the friends that I have who are married and in possibly violent relationships and what I can do to help them."

After Newman shared her story, the microphone was open to anyone else who wanted to share their stories.

"It's a safe, accepting, non-judgmental environment," Newman said. "When they share their story, it begins the healing journey, or enhances the healing journey."

October is Domestic Violence Awareness Month, and in Virginia, it is also Sexual Assault Awareness Month. The Vigil is similar to a Take Back the Night event, which was the original idea of a vigil for sexual assault, but this one

combines RCASA and RCDV to work against both sexual assault and domestic violence.

Both organizations share disturbing statistics with the crowd.

Bunny Chidester, the Support Services Coordinator for the RCDV said in a 2000 survey of 500 15 to 24-year-olds, 60 percent were involved in an ongoing abusive relationship, and 100 percent were involved in an abusive relationship at some point in their life.

Nancy Fowler, a former staff member at RCDV, said in 2002, there were 1,045 domestic violence murders in the United States.

"In our support group program, we make magic," Chidester said. A group of women who called themselves "The Renegades" were testimony to this. The women, all survivors of domestic violence told their stories, some for the first time, but did not wish to have their stories printed.

RCDV runs many programs throughout October as well. According to Rose Leone, an advocate at RCDV, they hold food drives and ask for donations, as well as putting out public service announcements to the community. They also send representatives to the schools to speak to middle and high school students about dating violence.

"The community is very receptive to receiving information about domestic violence," Leone said.

Newman said the vigil, and other programs like it, has multiple goals. The first goal is to get students involved proactively; this year's vigil was an internship project for Marie Zezula, a senior at UMW. It is also a means to inform students and the community what services are available.

"The goal is one of hope," Newman said. "It's a positive [event] that says no matter what you have been through, there is the possibility of being able to move forward."

RCASA offers a variety of services. They have a 24-hour crisis and support line for anyone who has been affected by sexual assault, including victims or their friends and family. RCDV also has a 24-hour hotline for confidential advocacy, as well as a shelter for abused women.

"Sometimes people have flashbacks of recent of past abuse, or someone is having trouble sleeping and needs to talk," Newman said.

Newman said children, teens, and adults use the crisis line, and it doesn't matter if the assault or abuse took place recently or years ago.

One of RCASA's goals is to make the community aware of the services they provide. Newman said they provide educational programs to the community and do allied training with law enforcement, therapists, churches, teachers, and at the college, and are available to help with programs.

Banister said she would like to see more programs on the UMW campus promoting awareness of both sexual assault and domestic violence.

"Perhaps more programs about the variety of abuse, because it's not just physical," Banister said. "It's mental and emotional and sometimes that is more damaging."

Newman said it is important for students to be aware of the people they are with, since most sexual assaults are committed by someone the victim knows. It is also very important for victims to come forward for help.

"If it's kept silent, it's like playing tapes back over and over, and they never hear people say it's not their fault," Newman said. "People should know that whether male or female, sexual assault affects you, whether directly or indirectly, and we provide services for everyone affected. Don't stay in the darkness of secrecy."

If it's kept silent, it's like playing tapes back over and over, and they never hear people say it's not their fault.

—Polly Newman

Flu Shots Are Scarce

By KATY HERSCHBERGER
Assistant Scene Editor

While in past years the Health Center has received 750 doses of the influenza vaccine from a manufacturer, this year it was only given 240 doses for students, faculty and staff.

Due to a shortage of the influenza vaccine in the United States, most students will not be able to receive a flu shot this year. In accordance with the Centers for Disease Control's recommendation, the Health Center will only give vaccinations to those individuals who are at high risk of infection.

"This year we ordered 750 and felt very lucky to get 240 [shots]," said Nancy Yates, associate director of the Health Center.

According to Yates, high risk individuals are those over 65, those having a chronic respiratory illness such as asthma, those who are immunosuppressed—that is, whose immune systems cannot effectively fight infection—and those who live with or care for someone who is immunosuppressed.

"For these [immunosuppressed] people the flu can be fatal," she said.

Junior Elise Tobin, who has asthma and is prone to allergies, is at high risk and received a flu shot.

"With my asthma [the flu] will attack my lungs more [than people who are non-high risk people] and lead to more complications with breathing, which frightens me," she said.

The reason for the shortage of flu shots in America lies not within the country, but in England. According to the Centers for Disease control, in early October the Medicines and Healthcare Products Regulatory Agency in the United Kingdom shut down Chiron Corporation due to undisclosed contamination problems. The company's license to produce the vaccine has been suspended for three months—too long to be able to make any more of the serum for this year's flu season. Chiron Corp. supplies approximately half of the flu vaccine for the United States.

Many students, like junior Amanda Gabriel, do not mind not being able to get the vaccine.

"I feel as if it's not that important right now in our lives, so we shouldn't take away from people who really need it, like infants or the elderly," she said.

Senior Bethany Ezell said she probably would not get a flu shot, even if it was available to her.

"I've never gotten a flu shot before, so I don't really care," she said.

The Health Center has already given out 201 shots to high risk students, faculty and staff. The shots cost the Health Center \$7.99 each. It charges \$8.00 per shot.

President William Anderson is paying for the faculty and staff shots with money from his discretionary fund through the University of Mary Washington Foundation, as he has done in the past. According to Richard Hurley, executive vice president and chief financial officer of the university, Anderson has spent \$1,500 on the shots this year.

Ranny Corbin, executive assistant to the president, speculated as to why Anderson paid for faculty and staff shots.

"Whenever there is an opportunity to provide a benefit for faculty and staff, we try to take advantage of that," she said.

Senior Meredith Munoz agrees with the president's decision to pay for faculty and staff shots, but wishes he could do more.

"It's a good thing [for President Anderson] to pay for faculty to get immunized], especially since they're coming in contact with so many people, day in and day out," Munoz said. "Why doesn't he pay for the at-risk students?" Tobin is just happy she was able to get the vaccine.

"I was surprised at how rapidly the flu shots went," she said. "I know I received one of the last flu shots, which makes me feel like I'm in a science fiction movie."

The CDC recommends that people who are not in a high risk group either wait to get a flu vaccine, or not get one at all. It suggests preventing the flu by avoiding close contact with infected people, washing your hands frequently and not touching your eyes, nose and mouth.

The Fredericksburg branch of the Virginia Department of Health already allotted all the flu shots available to people on a waiting list. If more shots become available, it will advertise them in the newspaper. Individuals looking to get a flu shot outside of the UMW Health Center should contact their primary care physician.

Other schools, such as Longwood University and James Madison University, are complying with the CDC guidelines and only offer flu shots to high risk individuals. A flu shot costs \$15 at Longwood and \$10 at JMU.

According to Lynn Lewis, professor of biology at UMW, influenza is a respiratory disease. It leaves a person open to bacteria and high risk individuals may, consequently, develop pneumonia. The flu vaccine works by exposing a person to an inactivated form of the flu virus which stimulates the immune system to make antibodies. These antibodies will fight the virus if a person gets infected.

"[High risk individuals] need to get flu shots because they are at the greatest risk of dying from this infection, though the rest of us might feel like we're dying," Lewis said.

Viewpoints

Beef With Nest

Limited Dining Options Leave Student Hungry For More

By JOSEPH MCMAHON
Guest Columnist

A cool November afternoon. Classes are done with for the day, so I figure I'll go to the Eagles Nest to get a late lunch.

As I walk into the restaurant area, bustling with people, I find myself tempted by many lunch choices. I can pick from Sodexo pizza, Sodexo sandwiches, Sodexo coffee, or even Sodexo tacos! I opt for a 6-inch sub, bag of pretzels, and a fountain drink. I wait in the long line that stretches from the coffee bar.

I need to do this, because even though they have five registers, no more than two are ever worked at the same time.

Then I look at the price that has been rung up on the cash register. Five dollars? Only \$1.25

over their completely unrealistic figure for a meal allowance, so it has been a good day. I could easily do better at Subway.

Competitive pricing? No need when one company maintains a Stalin-like stranglehold on all the food on campus.

Several years ago, there actually used to be real restaurants in the Eagles Nest.

Oh, and the food was good there.

And here's a news flash for everyone who "always eats at the Nest because Seaco isn't good."

It's the same food, people. Eat a hamburger at Seaco, and eat the same hamburger at the Eagles Nest for \$2.45, and tell me the difference.

Now that I have that off my chest, it's time for an ice-cold Pepsi.

Joseph McMahon is a freshman.

“Competitive pricing?
No need when one
company maintains a
Stalin-like stranglehold
on all the food on
campus.”



Abortion Is A Choice And A Right

This letter was written in response to "Do Your Research, Know The Facts Of Abortion" (Oct. 28, 2004, The Bulletin.)

Dear Editor:

I offer this discourse to jointly answer the editorials of Kathleen Pacious and Megan McCrum and to defend Katherine Lowry's excellent column, "Mr. President: Respect Our Right to Choose."

While both the aforementioned students claim that Ms. Lowry skewed the facts regarding abortion, their own articles present several misleading (and offensive) details that are in need of rectification.

Ms. Pacious laments the danger of having an abortion today and how abortion clinics fail to "tell women about the dangers of abortion."

Abortion clinics staff doctors are fully licensed medical personnel who consult their patients about the pros and cons of the procedure before the abortion takes place just like any doctor would before major surgery.

Ms. Pacious herself neglects to cite any

evidence of the so-called poor ethics of abortion doctors, and in turn paints an inaccurate portrait of abortion clinics.

Ms. Pacious further attempts to explain that many women who have abortions experience post-abortion syndrome (PAS), a form of post-traumatic stress disorder that can lead to depression, drug or alcohol abuse or relationship disorders.

However, what Ms. Pacious fails to mention is that PAS is almost exclusive to the United States. Abortion has become such a controversial issue

in America that many women experience tremendous social stress from undergoing such a widely unacceptable procedure. There are a minuscule number of cases of PAS outside the United States.

In Europe, women do not suffer the humiliating experience of entering an abortion clinic.

Nor are they subjected to social rejection and pressure just for exercising their constitutional right.

Bloody dolls labeled "abortion victims" are not shoved in their faces.

“Perhaps most tragic is
that both students fail
to realize the benefit of
civil liberty behind
abortion in America. It
is a right to choose.”

Perhaps religious and conservative groups screaming "Murderer!" to an already stressed and frightened woman plays a large part in her questioned issues of self-worth following an abortion.

Ms. McCrum follows suit in her editorial, slandering abortion groups and their efforts to assist women acting in full measure of their vital constitutional right.

In her article, Ms. McCrum states that "the public should be aware of how frequently abortion-on-demand occurs."

Abortion-on-demand? Having an abortion is not synonymous to ordering Pay-Per-View; it is fallacious to make a statement such as having an abortion on demand. Abortion is a long, tremendously delicate and stressful procedure.

We are looking at abortion entirely from the wrong perspective. Abortion is by no means a quick fix.

Women do not wake up one morning and decide, "Gee, I think I'll have an abortion this afternoon."

Both Ms. Pacious and Ms. McCrum make it sound as if women are often coerced into having abortions, since "clinics do not provide any choice besides abortion." Let us not forget that there are numerous organizations that assist women in their decisions.

Ms. McCrum touched on Planned Parenthood, the largest advocate group of women's reproductive rights. Planned Parenthood not only provides each potential patient with a counselor, but lays out several options, whether the patient is

adamant about having the abortion or unsure of her choices. Planned Parenthood assists patients with setting up adoptions and helping young single women care for their families.

Both Ms. Pacious and Ms. McCrum paint pro-choice organizations, abortion doctors, and clinics (many who risk their lives, as pro-life groups have become increasingly violent) as out to seduce women into seeking abortions and having a general disregard for the public's safety. Young women, beware of your right to choose.

The promotion of stripping away choice sends a particularly negative message to "predominantly young, single [women] from minority groups and low-income."

Now why is that? Maybe if Mr. Bush doesn't want to see so many women exercising their constitutional rights, he should wise up and start providing birth control instead of saying "just don't do it," because hey, Dubya, we're gonna do it.

This is almost running in the same vein of his advice to the elderly to simply "not get sick" with the flu this autumn.

Perhaps most tragic is that both students fail to realize the benefit of the civil liberty behind abortion in America. It is a right to choose; if the right to abortion is hampered, guess what: choice is ripped away.

Ms. Lowry was right on when she wrote "keep your politics out of my uterus."

I could not have put it better myself.

Sarah Sherman is a sophomore.

I've Had Enough With This Abortion Issue

This letter was written in response to all of the recent letters regarding abortion.

Dear Editor:

I am sick of the whole abortion issue and especially of the people who feel so strongly about it that they think that holding up pictures of dead fetuses is really going to help raise awareness.

Who cares? It will never be resolved.

Many pro-life supporters keep forgetting that people who are pro-choice are not pro-abortion. Sometimes it is in the child's best interest: Why bring a child into the world who will just be neglected, forgotten and uncared for?

Will it make it any less tragic when these children commit suicide at the age of 10 because their lives are so miserable?

Hanging signs on your car that say

"Abortion stops a beating heart," "Abortion is murder," and the most ridiculous of all: "Choose life. Your mother did" are not going to get pro-choicers to change their views.

Even if abortion practices were illegal, those who did not want their children would still be disposing of them in more lethal and cruel ways.

It is better to be a safe and legal practice. As long as the fetus can't survive outside the

mother's body, abortion should not be considered murder.

If the fetus can't survive outside the mother's body, why should it be any different than any other part of her body?

Up until this point, we could call abortion "fetal amputation."

Against abortion? Don't have one.

Katrina Noffsinger is a senior.

Give It To Me Straight

By NATHAN GEER
Guest Columnist

I have been pondering a question for quite some time now, and after seeing the page long article in response to abortion rights, I would like to put a question out there and get a true answer.

In the election a few days ago, 11 out of 11 states voted to ban gay marriage by very

overwhelming margins.

I fully understand that this is the general opinion of the country. I know both sides of the argument.

My question, however, is how does gay marriage affect someone that is straight?

Let's say, for example, that by some "act of God" (haha), gay marriages or civil unions are made totally legal.

How will our society



have changed 10 years down the road? Will there be a noticeable backlash? Because I cannot think of one.

I understand that the person responding to this article may find my sexually deviant lifestyle morally wrong. You may not even believe that I was born gay.

That is okay; I am not trying to hold a debate about gay rights.

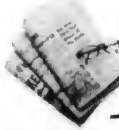
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I can never get a straight answer from people. I promise you will not hurt my feelings. Is it really just that you are grossed out by the thought of a guy that kisses another guy?

Why do so many people feel so strongly that they go out of their way to deny me the right to legally spend the rest of my life with someone that I truly love?

This brings me back to my main question: What are the long-term consequences of gay marriage on our society?

Nathan Geer is a sophomore.



News

Monroe Hall Pipes Fail

By LEAH TRIPLETT
Staff Writer

A section of pipes essential to Monroe Hall failed earlier this fall, leaving fencing outside of the building as well as disrupting the brick sidewalk outside of Willard Hall.

The pipes provided heat to the building through steam and condensation, according to John Wiltenmuth, associate vice president for facilities services. This heat is used to warm sink water as well as the building itself.

According to Wiltenmuth, the cost of the pipes and repairs is estimated at \$25,000.

Wiltenmuth said the pipeline began to malfunction in September. The problem is imperative to fix since the piping provides heat for the building, which contains classrooms and offices.

"The specific date of the failure is unknown," Wiltenmuth said. "[The problem] was observed and reported in mid-September."

Wiltenmuth was not exactly sure as to the age of the pipes.

"We could not find original records for the pipes, but the plans we did find indicate that the piping was at least 40 years old," Wiltenmuth said. "Many sections of the steam and condensation system are

generally in poor condition due to age."

Both Monroe Hall and Willard Hall are two of the three remaining original buildings on campus, according to the university Web site.

According to the university Web site, Monroe Hall was completed in 1911 and is home to the departments of History and American Studies, Political Science, International Affairs, Economics, Sociology and Anthropology.

Willard Hall is home to 190 upperclassmen and is also one of the oldest buildings on campus alongside Monroe Hall, according to the university Web site.

Due to the necessary repairs to the piping of Monroe Hall, fencing has obstructed the brick sidewalk leading up to Willard Hall.

According to Wiltenmuth, the repairs to the Monroe Hall pipes have been completed and the fencing will disappear when the Willard Hall sidewalk is mended.

"The pipes have been replaced," Wiltenmuth said. "The fence will remain until the sidewalks can be repaired. That work is dependent upon the weather and availability of our contractors—before the start of the spring semester."

Although the fencing might be an eyesore, Willard Hall residents are patient with the

construction and repairs.

"I haven't really noticed the work affecting the building at all," said Brooke Carter, Willard Hall head resident. "None of the entrances are blocked, so it's not really a big deal."

Likewise, some professors in Monroe Hall have felt no effects of the pipe breakage or the ensuing repairs.

"I haven't been affected by the pipes or repairs," said Susan Farnesbner, assistant professor in the history and American studies department.

However, other professors have been distracted by the repairs. According to Tracy Citeroni, assistant professor of sociology and anthropology, the repairs proved to be distracting.

"I teach in room 107 and my class discussions



Construction area is fenced off in front of Monroe Hall.

have been frequently interrupted by noise from the repairs," Citeroni said. "I'm sure anyone teaching in that classroom has had their work affected negatively by the repairs."

UMW Hosts Candlelight Vigil

By STEPHANIE YOUNG
Staff Writer

When Polly Newman was a child, she watched her father beat her mother and brothers. She said he ruled with his fists, anger and a 12-gauge shotgun.

Newman's story was one of the few shared at the Candlelight Vigil on Oct. 27, which was hosted by the University of Mary Washington and sponsored by the Rappahannock Council Against Sexual Assault (RCASA) as well as the Rappahannock Council on Domestic Violence (RCDV). Approximately 75 people attended to hear stories and listen to the representatives from both organizations.

Newman, who is currently the head of the RCASA's Community and Education Outreach Program, recalled her childhood abuse during the vigil.

When she was four, her father began to molest her. He told her that if she told anyone, no one would believe her and she would be taken away from her family. At 13, she finally told her mother. Her mother didn't believe her and tried to make Newman tell her father what she had accused him of. Fearing for her life, Newman said she made everything up.

For the next six weeks, Newman's father raped her three or four times a week.

"Instead of worrying about zits, I was worrying about getting pregnant from my father," Newman said.

Four days shy of her 19 birthday, Newman married and moved to Alaska, thinking she had left her problems behind, only to discover she was wrong.

"It was like this big, huge suitcase I hadn't unpacked," Newman said.

At 29, Newman attempted suicide and was hospitalized. She said it was her turning point

and made her realize she needed help. She later found out that she was the third generation of children in her family that were abused.

According to the National Victim Center and Crime Victims Research, 80 percent of all sexual assaults are committed by an acquaintance of the victim. Seventy-five percent of women raped are between the ages of 15 and 21.

Lisa Biever, executive director of Rappahannock Council Against Sexual Assault said one in four women and one in eight men have been victims of sexual assault, but that progress has been made in Virginia and there are currently 37 sexual assault crisis centers in the state.

Iris Brown, the volunteer supervisor at RCASA, added that 27 percent of women and 21 percent of men will be sexual assault victims by the time they are 18.

Those who spoke at the vigil said they were all working toward the same goal. Throughout the evening speakers repeated that their objective is to move forward with all their strength to end sexual and domestic violence and to help others do the same.

Alicia Banister, a senior at UMW, attended the vigil and found it to be a very powerful experience.

"I was very moved by the women who got up to speak," she said. "And it made me think a lot about the friends that I have who are married and in possibly violent relationships and what I can do to help them."

After Newman shared her story, the microphone was open to anyone else who wanted to share their stories.

"It's a safe, accepting, non-judgmental environment," Newman said. "When they share their story, it begins the healing journey, or enhances the healing journey."

October is Domestic Violence Awareness Month, and in Virginia, it is also Sexual Assault Awareness Month. The Vigil is similar to a Take Back the Night event, which was the original idea of a vigil for sexual assault, but this one

combines RCASA and RCDV to work against both sexual assault and domestic violence.

Both organizations shared disturbing statistics with the crowd.

Bunny Chidester, the Support Services Coordinator for the RCDV said in a 2000 survey of 500 15 to 24-year-olds, 60 percent were involved in an ongoing abusive relationship, and 100 percent were involved in an abusive relationship at some point in their life.

Nancy Fowler, a former staff member at RCDV, said in 2002, there were 1,045 domestic violence murders in the United States.

"In our support group program, we make magic," Chidester said. A group of women who called themselves "The Renegades" were testimony to this. The women, all survivors of domestic violence told their stories, some for the first time, but did not wish to have their stories printed.

RCDV runs many programs throughout October as well. According to Rose Leone, an advocate at RCDV, they hold food drives and ask for donations, as well as putting out public service announcements to the community. They also send representatives to the schools to speak to middle and high school students about dating violence.

"The community is very receptive to receiving information about domestic violence," Leone said.

Newman said the vigil, and other programs like it, has multiple goals. The first goal is to get students involved proactively; this year's vigil was an internship project for Marie Zezula, a senior at UMW. It is also a means to inform students and the community what services are available.

"The goal is one of hope," Newman said. "It's a positive [event] that says no matter what you have been through, there is the possibility of being able to move forward."

RCASA offers a variety of services. They have a 24-hour crisis and support line for anyone who has been affected by sexual assault, including victims or their friends and family. RCDV also has a 24-hour hotline for confidential advocacy, as well as a shelter for abused women.

"Sometimes people have flashbacks of recent of past abuse, or someone is having trouble sleeping and needs to talk," Newman said.

Newman said children, teens, and adults use the crisis line, and it doesn't matter if the assault or abuse took place recently or years ago.

One of RCASA's goals is to make the community aware of the services they provide. Newman said they provide educational programs to the community and do allied training with law enforcement, therapists, churches, teachers, and at the college, and are available to help with programs.

Banister said she would like to see more programs on the UMW campus promoting awareness of both sexual assault and domestic violence.

"Perhaps more programs about the variety of abuse, because it's not just physical," Banister said. "It's mental and emotional and sometimes that is more damaging."

Newman said it is important for students to be aware of the people they are with, since most sexual assaults are committed by someone the victim knows. It is also very important for victims to come forward for help.

"If it's kept silent, it's like playing tapes back over and over, and they never hear people say it's not their fault," Newman said. "People should know that whether male or female, sexual assault affects you, whether directly or indirectly, and we provide services for everyone affected. Don't stay in the darkness of secrecy."

Flu Shots Are Scarce

By KATY HERSCHBERGER
Assistant Scene Editor

While in past years the Health Center has received 750 doses of the influenza vaccine from a manufacturer, this year it was only given 240 doses for students, faculty and staff.

Due to a shortage of the influenza vaccine in the United States, most students will not be able to receive a flu shot this year. In accordance with the Centers for Disease Control's recommendation, the Health Center will only give vaccinations to those individuals who are at high risk of infection.

"This year we ordered 750 and felt very lucky to get 240 [shots]," said Nancy Yates, associate director of the Health Center.

According to Yates, high risk individuals are those over 65, those having a chronic respiratory illness such as asthma, those who are immunosuppressed—that is, whose immune systems cannot effectively fight infection—and those who live with or care for someone who is immunosuppressed.

"For these [immunosuppressed] people the flu can be fatal," she said.

Junior Elise Tobin, who has asthma and is prone to allergies, is at high risk and received a flu shot.

"With my asthma [the flu] will attack my lungs more [than people who are non-high risk people] and lead to more complications with breathing, which frightens me," she said.

The reason for the shortage of flu shots in America lies not within the country, but in England. According to the Centers for Disease Control, in early October the Medicines and Healthcare Products Regulatory Agency in the United Kingdom shut down Chiron Corporation due to undisclosed contamination problems. The company's license to produce the vaccine has been suspended for three months—too long to be able to make any more of the serum for this year's flu season. Chiron Corp. supplies approximately half of the flu vaccine for the United States.

Many students, like junior Amanda Gabriel, do not mind not being able to get the vaccine.

"I feel as if it's not that important right now in our lives, so we shouldn't take away from people who really need it, like infants or the elderly," she said.

Senior Bethany Zell said she probably would not get a flu shot, even if it was available to her.

"I've never gotten a flu shot before, so I don't really care," she said.

The Health Center has already given out 201 shots to high risk students, faculty and staff. The shots cost the Health Center \$7.99 each. It charges \$8.00 per shot.

President William Anderson is paying for the faculty and staff shots with money from his discretionary fund through the University of Mary Washington Foundation, as he has done in the past. According to Richard Hurley, executive vice president and chief financial officer of the university, Anderson has spent \$1,500 on the shots this year.

Ranny Corbin, executive assistant to the president, speculated as to why Anderson paid for faculty and staff shots.

"Whenever there is an opportunity to provide a benefit for faculty and staff, we try to take advantage of that," she said.

Senior Meredith Munoz agrees with the president's decision to pay for faculty and staff shots, but wishes he could do more.

"It's a good thing [for President Anderson] to pay for faculty to get immunized, especially since they're coming in contact with so many people, day in and day out," Munoz said. "Why doesn't the pay for the at-risk students?"

Tobin is very happy she was able to get the vaccine.

"I was surprised at how rapidly the flu shots went," she said. "I know I received one of the last flu shots, which makes me feel like I'm in a science fiction movie."

The CDC recommends that people who are not in a high risk group either wait to get a flu vaccine, or not get one at all. It suggests preventing the flu by avoiding close contact with infected people, washing your hands frequently and not touching your eyes, nose and mouth.

The Fredericksburg branch of the Virginia Department of Health already allotted all the flu shots available to people on a waiting list. If more shots become available, it will advertise them in the newspaper. Individuals looking to get a flu shot outside of the UMW Health Center should contact their primary care physician.

Other schools, such as Longwood University and James Madison University, are complying with the CDC guidelines and only offer flu shots to high risk individuals. A flu shot costs \$15 at Longwood and \$10 at JMU.

According to Lynn Lewis, professor of biology at UMW, influenza is a respiratory disease. It leaves a person open to bacteria and high risk individuals may, consequently, develop pneumonia. The flu vaccine works by exposing a person to an inactivated form of the flu virus which stimulates the immune system to make antibodies. These antibodies will fight the virus if a person gets infected.

"High risk individuals need to get flu shots because they are at the greatest risk of dying from this infection, though the rest of us might feel like we're dying," Lewis said.

If it's kept silent, it's like playing tapes back over and over, and they never hear people say it's not their fault.

—Polly Newman

Viewpoints

Beef With Nest

Limited Dining Options Leave Student Hungry For More

By JOSEPH MCMAHON
Guest Columnist

A cool November afternoon. Classes are done with for the day, so I figure I'll go to the Eagles Nest to get a late lunch.

As I walk into the restaurant area, bustling with people, I find myself tempted by many lunch choices. I can pick from Sodexo pizza, Sodexo sandwiches, Sodexo coffee, or even Sodexo tacos! I opt for a 6-inch sub, bag of pretzels, and a fountain drink. I wait in the long line that stretches from the coffee bar.

I need to do this, because even though they have five registers, no more than two are ever worked at the same time.

Then I look at the price that has been rung up on the cash register. Five dollars? Only \$1.25

over their completely unrealistic figure for a meal allowance, so it has been a good day. I could easily do better at Subway.

Competitive pricing? No need when one company maintains a Stalin-like stranglehold on all the food on campus.

Several years ago, there actually used to be real restaurants in the Eagles Nest.

Oh, and the food was good there.

And here's a news flash for everyone who "always eats at the Nest because Seaco isn't good."

It's the same food, people. Eat a hamburger at Seacobeck, and eat the same hamburger at the Eagles Nest for \$2.45, and tell me the difference.

Now that I have that off my chest, it's time for an ice-cold Pepsi.

Joseph McMahon is a freshman.

“Competitive pricing? No need when one company maintains a Stalin-like stranglehold on all the food on campus.”



Abortion Is A Choice And A Right

This letter was written in response to "Do Your Research, Know The Facts Of Abortion" (Oct. 28, 2004, *The Bulletin*.)

Dear Editor:

I offer this discourse to jointly answer the editorials of Kathleen Pacious and Megan McCrum and to defend Katherine Lowry's excellent column, "Mr. President: Respect Our Right to Choose."

While both the aforementioned students claim that Ms. Lowry skewed the facts regarding abortion, their own articles present several misleading (and offensive) details that are in need of rectification.

Ms. Pacious laments the danger of having an abortion today and how abortion clinics fail to "tell women about the dangers of abortion." Abortion clinics staff doctors are fully licensed medical personnel who consult their patients about the pros and cons of the procedure before the abortion takes place just like any doctor would before major surgery.

Ms. Pacious herself neglects to cite any

evidence of the so-called poor ethics of abortion doctors, and in turn paints an inaccurate portrait of abortion clinics.

Ms. Pacious further attempts to explain that many women who have abortions experience post-abortion syndrome (PAS), a form of post-traumatic stress disorder that can lead to depression, drug or alcohol abuse or relationship disorders.

However, what Ms. Pacious fails to mention is that PAS is almost exclusive to the United States. Abortion has become such a controversial issue

in America that many women experience tremendous social stress from undergoing such a widely unacceptable procedure. There are a minuscule number of cases of PAS outside the United States.

In Europe, women do not suffer the humiliating experience of entering an abortion clinic.

Nor are they subjected to social rejection and pressure just for exercising their constitutional right.

Bloody dolls labeled "abortion victims" are not shoved in their faces.

“Perhaps most tragic is that both students fail to realize the benefit of civil liberty behind abortion in America. It is a right to choose.”

Perhaps religious and conservative groups screaming "Murderer!" to an already stressed and frightened woman plays a large part in her questioned issues of self-worth following an abortion.

Ms. McCrum follows suit in her editorial, slandering abortion groups and their efforts to assist women acting in full measure of their vital constitutional right.

In her article, Ms. McCrum states that "the public should be aware of how frequently abortion-on-demand occurs."

Abortion-on-demand? Having an abortion is not synonymous to ordering Pay-Per-View; it is fallacious to make a statement such as having an abortion on demand. Abortion is a long, tremendously delicate and stressful procedure.

We are looking at abortion entirely from the wrong perspective. Abortion is by no means a quick fix.

Women do not wake up one morning and decide, "Gee, I think I'll have an abortion this afternoon."

Both Ms. Pacious and Ms. McCrum make it sound as if women are often coerced into having abortions, since "clinics do not provide any choice besides abortion." Let us not forget that there are numerous organizations that assist women in their decisions.

Ms. McCrum touched on Planned Parenthood, the largest advocate group of women's reproductive rights. Planned Parenthood not only provides each potential patient with a counselor, but lays out several options, whether the patient is

adamant about having the abortion or unsure of her choices. Planned Parenthood assists patients with setting up adoptions and helping young single women care for their families.

Both Ms. Pacious and Ms. McCrum paint pro-choice organizations, abortion doctors, and clinics (many who risk their lives, as pro-life groups have become increasingly violent) as out to seduce women into seeking abortions and having a general disregard for the public's safety. Young women, beware of your right to choose.

The promotion of stripping away choice sends a particularly negative message to "predominantly young, single [women] from minority groups and low-income."

Now why is that? Maybe if Mr. Bush doesn't want to see so many women exercising their constitutional rights, he should wise up and start providing birth control instead of saying "just don't do it," because hey, Dubya, we're gonna do it.

This is almost running in the same vein of his advice to the elderly to simply "not get sick" with the flu this autumn.

Perhaps most tragic is that both students fail to realize the benefit of the civil liberty behind abortion in America. It is a right to choose; if the right to abortion is hampered, guess what: choice is ripped away.

Ms. Lowry was right on when she wrote "keep your politics out of my uterus."

I could not have put it better myself.

Sarah Sherman is a sophomore.

I've Had Enough With This Abortion Issue

This letter was written in response to all of the recent letters regarding abortion.

Dear Editor:

I am sick of the whole abortion issue and especially of the people who feel so strongly about it that they think that holding up pictures of dead fetuses is really going to help raise awareness.

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Many pro-life supporters keep forgetting that people who are pro-choice are not pro-abortion. Sometimes it is in the child's best interest. Why bring a child into the world who will just be neglected, forgotten and uncared for?

Will it make it any less tragic when these children commit suicide at the age of 10 because their lives are so miserable?

Hanging signs on your car that say

"Abortion stops a beating heart." "Abortion is murder," and the most ridiculous of all: "Choose life. Your mother did" are not going to get pro-choicers to change their views.

Even if abortion practices were illegal, those who did not want their children would still be disposing of them in more lethal and cruel ways.

It is better to be a safe and legal practice, as long as the fetus can't survive outside the

mother's body, abortion should not be considered murder.

If the fetus can't survive outside the mother's body, why should it be any different than any other part of her body?

Up until this point, we could call abortion "fetal amputation."

Against abortion? Don't have one.

Karina Noffsinger is a senior.

Give It To Me Straight

By NATHAN GEER
Guest Columnist

I have been pondering a question for quite some time now, and after seeing the page long article in response to abortion rights, I would like to put a question out there and get a true answer.

In the election a few days ago, 11 out of 11 states voted to ban gay marriage by very

overwhelming margins.

I fully understand that this is the general opinion of the country. I know both sides of the argument.

My question, however, is how does gay marriage affect someone that is straight?

Let's say, for example, that by some "act of God" (haha), gay marriages or civil unions are made totally legal.

How will our society



Photo by christian.org.uk

have changed 10 years down the road? Will there be a noticeable backlash? Because I cannot think of one.

I understand that the person responding to this article may find my sexually deviant lifestyle morally wrong. You may not even believe that I was born gay.

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Why do so many people feel so strongly that they go out of their way to deny me the right to legally spend the rest of my life with someone that I truly love?

This brings me back to my main question: What are the long-term consequences of gay marriage on our society?

Nathan Geer is a sophomore.



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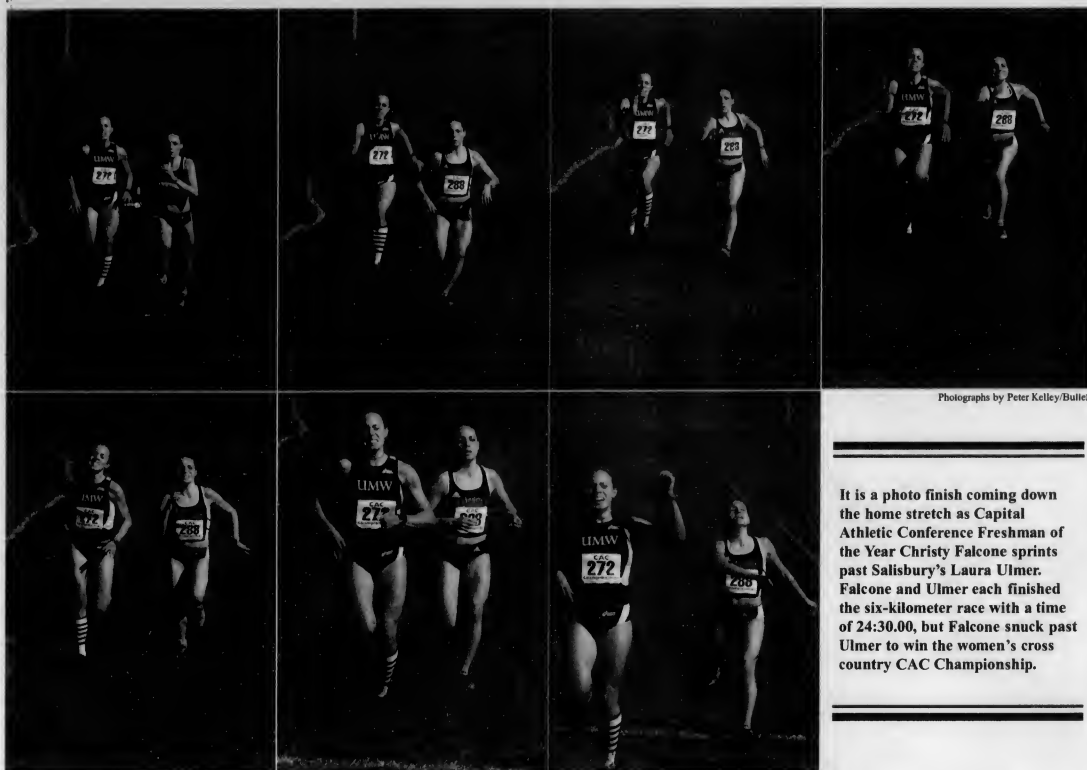
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Photographs by Peter Kelley/Bullet

It is a photo finish coming down the home stretch as Capital Athletic Conference Freshman of the Year Christy Falcone sprints past Salisbury's Laura Ulmer. Falcone and Ulmer each finished the six-kilometer race with a time of 24:30.00, but Falcone snuck past Ulmer to win the women's cross country CAC Championship.

Cross Country Wins Conference

By AMANDA BURNHAM
Staff Writer

The University of Mary Washington men's and women's cross country teams both had outstanding showings at the Capital Athletic Conference championships on Saturday in Thornburg. The men's team won the overall championship for the first time in three years and the women placed second.

The men's team took first place with a total of 28 points. Salisbury came in second place with 32 points, and York was third with 89. Senior Todd Kronenberg came in first overall with a time of 27:23, followed closely by senior Matt Kirk, who was second overall with a time of 27:28. Freshman Justin Kirk wasn't far behind, placing third with a time of 27:31. Justin Kirk was named CAC Rookie of the Year.

"Every year, the title is basically between two teams: us and Salisbury," Kronenberg said. "The past two years, they have had a great team and this year, as far as I know, they have their best team ever."

The team, especially the veterans, knew what training they had to do in order to beat their rival.

"As for preparing for the race, as a senior and having watched Salisbury win the team title two years in a row, I was pretty motivated to get it back, as were the other veterans," Matt Kirk said. "I ran as much mileage as I could over the

summer and up to 100 miles a week during the school year in preparation for CACs and regionals. We knew our competition going into the race—Salisbury. Two weeks prior they had beaten us badly at the Mason Dixon cross country meet and we came in as underdogs."

Kronenberg was the favorite to win coming in, yet due to an injury he sustained to his Achilles tendon only days before the race, he was not sure if he would be able to run.

"I wasn't too sure how I personally would do, but I knew our team was tough," he said.

The team developed a new motto—"Don't die wondering!"—and were excited to try to achieve their team goals of winning the conference, making it to regionals, and making it to nationals.

The team was ready, and took the lead soon after the start of the race.

"A few guys from York took the lead at the start and we had a decent pack of five runners behind them and in front of Salisbury for the first two miles," Matt Kirk said. "After that, it broke up some, and myself, Kronenberg, and Justin Kirk were in the front alone with Salisbury's five guys running behind us. We just put our heads down and pushed as much as we could to open up a gap."

Kronenberg was happy with the way the team took care of business.

"We had UMW guys leading the race the whole way, we never even gave Salisbury a chance," he said. "After that, me, Matt Kirk, and

Justin Kirk just ran away with the race."

The Eagles had worked together for the victory.

Kronenberg was able not only to finish the race, but to win it despite his severely injured Achilles tendon.

"I was barely able to finish the race because it was so painful," he said. "But I was able to hang on for the win with my boys Matt and Justin right behind me. I can't even describe how happy I was when I turned around after finishing and saw them right behind me."

Running the race ended up hurting his Achilles even more.

"The race destroyed my Achilles and I've been on crutches since Saturday," Kronenberg said. "I have a broken leg. I had a stress fracture in my tibia before conferences and then it turned into a complete fracture during the race."

The Eagles will compete in the NCAA South Regional race Saturday at Emory University in Atlanta. The top two teams from regionals will then continue on to nationals. After helping the team along so far, Kronenberg will be unable to race due to injury.

"Whether or not I'm able to race this weekend I know they are going to do awesome," he said.

With lighter practices, the team continues to prepare for the weekend.

"We are still focused on regionals this weekend—the top two teams go to nationals and that has been a goal for our team," Kirk said.

The women's team also ran a very strong race.

Freshman Christy Falcone finished first and the Eagles placed second in team standings. Falcone, who was named CAC Runner of the Year, burst through the finish line, passing Salisbury's Lauren Ulmer, the CAC Rookie of the Year. Both runners finished with a time of 24:30.

"I wasn't intimidated at all for the race, I have never been more pumped up for a race in my whole life," Falcone said. "The whole team was really excited for this and we did a lot to prepare."

Eagles freshman Ann Tripp, senior Erin Connelly, junior Joanna Long, and freshman Mary Naylor rounded out the Eagles' top five along with Falcone. All five runners earned all-CAC honors.

Falcone ran near the front of the pack for the majority of the six-kilometer race.

"I was probably running at about fourth or fifth throughout the race, except for the last 1,000 meters," she said.

The women's team also will be competing in regionals this weekend in Atlanta.

"Eight people from each team go down to Georgia for regionals," Falcone said. "We'll have lighter practices up until this weekend to get ready."

Both teams look forward to competing hard this coming weekend at regionals.

"The race is going to be huge, I can't wait," Falcone said.

Field Hockey Falls

By LAUREN BOSTON
Staff Writer

The University of Mary Washington field hockey team suffered a season ending 6-0 loss at the hands of top-seeded Salisbury on Nov. 6 in the Capital Athletic Conference championship game.

The Eagles were the number three seed in the conference tournament, and they knew they would have to play well in order to defeat the tough Sea Gulls squad. Salisbury played hard, just as the Eagles had predicted.

The first goal of the game came in the 28th minute of the first half when Sea Gulls senior Erin Budd scored off an assist from freshman Danielle Twilley. After giving up the goal, the Eagles stepped it up defensively and were able to contain Salisbury for the rest of the first half.

The Eagles went into halftime trailing 1-0, but things quickly got out of hand. The Sea Gulls came out with a vengeance in the second half, pounding away goal after goal and scoring five times in all. A penalty corner hurt the Eagles with 32 minutes left in the game and sophomore Megan Powell scored off an assist.

The Eagles were able to move the ball down the field, but could not put it in the cage in the end. UMW was awarded seven penalty corners in the game, but the Eagles could not capitalize on any of them. They had several good looks on

offense and long possessions as well, but the Eagles simply could not finish and found themselves trailing 2-0.

With 20 minutes left in the second half, the Sea Gulls composed two effective offense drives, putting the nail in the Eagles' coffin. Salisbury scored two goals within two minutes of each other, one by senior Melissa Webster and the other by junior Brittany Elliot.

Powell and Elliot both scored another goal, with 15 minutes and two minutes left, respectively.

The Eagles only got four shots off in the entire game, compared to Salisbury's 25. Eagles goalie junior Robyn Lankford made ten saves, and Salisbury freshman Maria Ramondos had two.

Looking back on the game that ended their season, Mary Washington players were disappointed in the loss itself, not the effort they put forth.

"I think our team played really well in the first half and into the beginning of the second half," Lankford said. "We had the ball on offense more than Salisbury, we just weren't able to finish. The second half Salisbury came out for the kill and was successful. There's nothing that we could've done better or that we did bad, we just weren't able to bounce back from their second goal."

This was Salisbury's 10th consecutive CAC title, and 29th straight win, boosting their record this season to 18-0. The Eagles ended their 2004 season with an overall record of 15-6.

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Sports

Women Are CAC Champs



Peter Kelley/Bullet

The 2004 Capital Athletic Conference champion University of Mary Washington women's soccer team was all smiles after defeating Salisbury University 3-1 on penalty kicks to capture their fourth straight title. Below, CAC Player of the Year Kathryn Amirpashaie tackles the ball away from a Salisbury player.

By BRITT GOTTLIEB
Staff Writer

After a scoreless 90 minutes of regulation and two scoreless ten minute overtime periods on Saturday, the top-seeded University of Mary Washington women's soccer team downed third-seeded Salisbury University 3-1 on penalty kicks to win the Capital Athletic Conference championship.

This was the 15th consecutive year that the Eagles played for the CAC championship. They have now won 13 of those 15 contests.

The Eagles were able to keep their four-game winning streak alive by converting three of their four penalty kicks. Salisbury shot first, and senior goalkeeper Mary Elizabeth Fulco was up to the challenge, grabbing the shot and keeping it out of the goal. This gave senior Jen Condon a chance to put the Eagles ahead, but her shot sailed just wide.

Fulco came up big again on Salisbury's next shot, making another save. Senior Jill Palmieri stepped up for the Eagles and sent the ball into the lower left corner of the goal to put UMW ahead 1-0.

"It is nerve racking to be just you and the goalie," Palmieri said of her penalty kick.

After Salisbury's third shot went over the crossbar, Eagles senior Kathryn Amirpashaie placed the ball in the same exact spot as Palmieri, giving UMW a 2-0 advantage.

Salisbury was finally able to get a shot past Fulco when senior Dana Verdi shot the ball just under the crossbar for the Sea Gulls' only tally.

The pressure was on junior Amy Kingsbury who could end the game if she scored on her attempt.

"The ref said to me, 'By my records, if you make it, you will win,'" Kingsbury said. "All I could do was think, stroke it."

Kingsbury came through, shooting the ball into the net and sending the Eagles spilling onto the field in celebration.

The hero of the penalty shootout clearly was Fulco who came up with key saves on the first two Salisbury kicks.

"My mind was blank," Fulco said. "I have done penalty kicks before, and we practiced them in practice, but

when it comes down to it you have to stay calm, watch their body, watch their feet and concentrate."

Head coach Kurt Glaeser said Fulco was solid in goal.

"Fortune was with us on the penalty kicks," Glaeser said.

The Eagles dominated Salisbury, out shooting the Sea Gulls 15-4. The Eagles had many opportunities during the game. Junior Jacqui Forsythe and senior Betsy Pitti each hit the post during the overtime periods.

The Eagles had some scares as well. With two minutes remaining in the second half, a Salisbury shot got past Fulco, but junior Sarah Campbell was there to clear it out. One minute later, another shot went by the Eagles goalie, and this time freshman Margaret Vaccaro stepped up to clear it out of the box.

Fulco made only one save in regulation while Sea Gulls goalkeeper Katie Hendrickson had seven saves for Salisbury.

The Eagles

were pleased with their play during the entire game.

"We came out to play and we played with a lot of heart," Amirpashaie said.

This marks UMW's fourth straight CAC championship. The Eagles' five seniors have never lost a championship game.

"All four years we have made it," Fulco said. "I am glad we did it this year because, being a senior, this is when it means the most."

Glaeser could not have asked for a better outcome and was happy with the way his team played.

"We played hard and we were nervous," Glaeser said. "In the overtime we knocked [the ball] around better. We created chances and we missed some."

Glaeser said his team is ready to take a breath and start playing consistent soccer.

"We have been playing with a lot of nervous energy, [with the] winning streak and the CAC championship," he said. "Now we can settle down."

With the victory the Eagles received an automatic bid to the NCAA Division III Women's Soccer championship tournament. They received the good news on Sunday night that they have a first round bye and will be hosting a second round game at the Battleground. The Eagles will square off against Otterbein College, the Ohio Athletic Conference champions, at 1 p.m. on Saturday.

The Eagles received more good news on Wednesday when the CAC released its 2004 All-Capital Athletic Conference women's soccer team. The Eagles had four players voted to the All-CAC First Team: Amirpashaie, Fulco, Forsythe, and freshman Kristina Ashwell all made the First Team. Amirpashaie was named the 2004 CAC Player of the Year and Glaeser won Coach of the Year honors.

Upcoming Events

November 13 - Women's Soccer vs. Otterbein College, 1 p.m.
Division III Women's Soccer Tournament Second Round



Athlete of the Week

Senior goalkeeper Mary Elizabeth Fulco saved two penalty shots in the Eagles' CAC Championship victory

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